

THE GREAT  
CHRISTMAS  
FUN RUN

# The Great Christmas Fun Run

## Race Pack

Oyster Wharf, Mumbles Road

Supporting



FAITH IN FAMILIES



# Event Schedule

**9:00: REGISTRATION OPENS**

**10:00: REGISTRATION CLOSES FOR KIDS 1K**

**10:15: REGISTRATION CLOSES FOR 5K & 10K**

**10:20: KIDS 1K BRIEFING & WARMUP**

**10:30: KIDS 1K START**

**10:50: 5K & 10K BRIEFING & WARMUP**

**11:00: 5K & 10K START**

**12:30: 5K & 10K AWARDS CEREMONY**

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*Please aim to arrive as early as possible  
to avoid registration & traffic delays*



# Pre Event Info Locations

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REGISTRATION WILL BE SITUATED AT  
MUMBLES YACHT CLUB,  
746 MUMBLES RD, MUMBLES, SA3 4EL

START & FINISH WILL BE SITUATED AT  
OYSTER WHARF MUMBLES,  
MUMBLES RD, MUMBLES, SA3 4FN

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Please note that Registration is a 10  
minute walk to the Start & Finish!



# Pre Event Info Registration



IF YOU ENTERED BEFORE 24TH NOVEMBER YOU SHOULD EXPECT TO RECEIVE YOUR RACE NUMBER IN THE POST. IF YOU ENTERED ON 24TH OR AFTER THEN YOU WILL NEED TO COLLECT YOUR RACE NUMBER AT REGISTRATION.

IF YOU EXPECTED TO RECEIVE YOUR RACE NUMBER PRIOR TO THE EVENT AND IT HAS NOT ARRIVED THEN PLEASE COME TO REGISTRATION ON THE DAY AND WE WILL PROVIDE YOU WITH A NEW NUMBER.

PLEASE NOTE THAT IF YOU HAVE RECEIVED YOUR NUMBER IN THE POST - YOU DO NOT NEED TO COME TO REGISTRATION!



Without Photo ID, you'll be unable to register.  
You can not register on someone else's behalf





# Pre Event Info Car Parking


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THERE IS PLENTY OF CAR PARKING IN THE  
SURROUNDING AREA. HERE IS A LIST OF THE  
RECOMMENDED CAR PARKS IN MUMBLES

- KNAB ROCK CAR PARK
- SOUTHEND CAR PARK
- OYSTERMOUTH SQUARE CAR PARK
- BRACELET BAY CAR PARK

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Please allow extra time when travelling to the  
event due to the volume of traffic.





# Event Checklist

## Festive Essentials

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- PHOTO ID
- SUITABLE RUNNING SHOES
- RACE NUMBER (IF RECEIVED IN POST)
- YOUR BEST FESTIVE COSTUME
- YOUR CHRISTMAS VIBES
- WARM CLOTHING (ESPECIALLY FOR KIDS)

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It's important that you prepare yourself well!  
Make sure to go through everything you may  
need for event day.





# Race Routes Festive Essentials

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THE ROUTE IS AN OUT-AND-BACK COURSE STARTING  
AND FINISHING ON THE PROMENADE AT OYSTER  
WHARF, MUMBLES. 10K PARTICIPANTS WILL TURN  
AT THE DESIGNATED 10K TURNAROUND POINT, AND  
5K PARTICIPANTS WILL TURN AT THE 5K  
TURNAROUND POINT.

PLEASE KEEP TO THE LEFT HAND SIDE AT ALL TIME  
AND RESPECT PUBLIC PATH USERS.

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If you wish to change your distance then please make  
us aware at registration. Failure to do so can result  
in disqualification



# Post Event Info Awards & Prizes

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## KIDS 1K FUN RUN

ALL CHILDREN WILL BE REWARDED WITH A MEDAL  
WHEN COMPLETING THE RUN!

## 5K & 10K FUN RUN

ALL PARTICIPANTS WILL BE REWARDED WITH A MEDAL  
AND MINCE PIE WHEN COMPLETING THE RUN! THERE  
WILL ALSO BE FESTIVE PRIZES FOR THE 1ST, 2ND, 3RD,  
MALE & FEMALE FROM BOTH DISTANCES.

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The results will be available after the event at  
[www.triandenter.com/results](http://www.triandenter.com/results) ! Follow us on social  
media to be the first there!



# Additional Info For Event Day

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- IF YOU ARE UNABLE TO COMPLETE THE RUN, YOU MUST MAKE IT KNOWN TO ONE OF THE MARSHALS OR RACE OFFICIALS.
- ANY PARTICIPANT TAKING PART IN THE 10K THAT DECIDES TO DROP DOWN DURING THE EVENT MUST MAKE ONE OF THE MARSHALS AT THE FINISH AREA AWARE.
- THERE WILL BE A WATER STATION FOR THE 10K PARTICIPANTS AT THE 10K TURN POINT.
- THERE WILL BE HOT COFFEE/TEA/CHOCOLATE AND BACON BUTTIES SERVED AT REGISTRATION IN THE MUMBLES YACHT CLUB.
- TOILETS WILL BE LOCATED IN OYSTERMOUTH SQUARE CAR PARK, KNAB ROCK AND AT REGISTRATION IN THE YACHT CLUB.





# Our Chosen Charity



FAITH IN FAMILIES IS TRANSFORMING LIVES ACROSS SWANSEA BAY THROUGH OUR COMMUNITY CWTCHES & MULTIBANK. THEY PROVIDE VITAL SUPPORT TO CHILDREN AND FAMILIES FACING CHALLENGES SUCH AS POVERTY, CRISIS, AND TRAUMA.

BEHIND CLOSED DOORS, TOO MANY FAMILIES ARE STRUGGLING — CHOOSING BETWEEN HEATING AND EATING, SKIPPING MEALS, AND WORRYING HOW THEY'LL MAKE CHRISTMAS HAPPEN. FAITH IN FAMILIES IS HERE TO CHANGE THAT.

THROUGH YOUR FUNDRAISING, WE CAN:

- PROVIDE CHRISTMAS VOUCHERS SO PARENTS CAN CHOOSE THEIR CHILDREN'S GIFTS — RESTORING DIGNITY AND CHOICE.
- KEEP OUR COMMUNITY CWTCHES OPEN — WARM, WELCOMING SPACES OFFERING FOOD, FRIENDSHIP, AND SUPPORT.
- FUND CHILD THERAPY AND FAMILY SUPPORT, HELPING CHILDREN HEAL FROM TRAUMA AND REBUILD CONFIDENCE.
- STOCK OUR CWTCH MAWR MULTIBANK WITH ESSENTIALS LIKE BEDDING, COATS, HYGIENE ITEMS, AND TOYS.

SO WHETHER YOU WALK, JOG, OR SPRINT IN YOUR SANTA SUIT, EVERY MILE YOU RUN BRINGS COMFORT, LAUGHTER, AND LIGHT TO CHILDREN ACROSS SWANSEA THIS CHRISTMAS.

RUN FOR JOY. RUN FOR HOPE. RUN FOR FAITH IN FAMILIES.

PLEASE DONATE WHATEVER YOU CAN TO HELP FAMILIES IN CRISIS THIS WINTER.

YOUR SUPPORT CAN MAKE A REAL DIFFERENCE THIS CHRISTMAS.





# That's All

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We are so excited to bring  
the festive spirit to Mumbles  
once again!

MAKE SURE TO FOLLOW AND TAG US IN YOUR  
FESTIVE PICS!



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ASPIREXEVENTS



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## Special Christmas Offer

AS A CHRISTMAS PRESENT FROM ASPIREXEVENTS, WE HAVE A SPECIAL 20% OFF  
DISCOUNT CODE TO USE ON ALL OUR EVENTS. OFFER ENDS 1<sup>ST</sup> JANUARY 2026

'MERRYXMAS20'