



HOLDENBY HOUSE TRAIL RUN & CANICROSS



Thank you for
entering the ATW
Holdenby House Trail
Run.

This information
pack contains
everything you need
to know ahead of
your event on
Sunday 12th October.
Please have a read
through so you can
be fully prepared!

We can't wait to see
you on the start line.



Follow us on socials @eventsatw

KEY DETAILS:

12th October 2025

Address:

Holdenby House, Holdenby Rd,
Northampton, NN6 8DJ

Parking:

Parking is available at Holdenby House.
Please follow the car park marshal instructions
in the main carpark.

Parking at the venue is charged at £3 per car
on exit.

Trail Run information:

As well as our Trail Run, a Canicross (Trail Run with a dog) will be taking place on the same route. This event will be starting 15 minutes before the Trail Run at 9:15am.

If you catch up with a Canicross athlete, give clear instruction as to which side you will be overtaking on. The route for the Canicross is only 5km.

There will be RED bin bags specifically for dog waste on route and the finish area. Please do not put general waste in the RED bins.

Timings:

8:00am

Registration opens

9:15am

Canicross Start

9:30am

5k, 10k & Half Marathon start

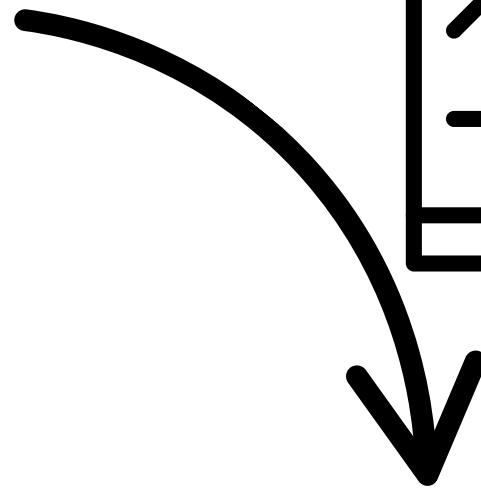
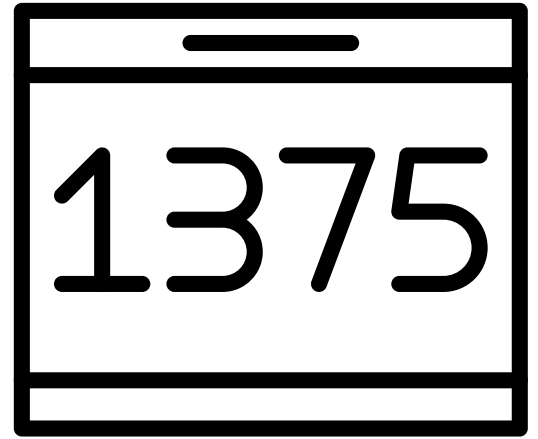
9:30am

Duathlon Start

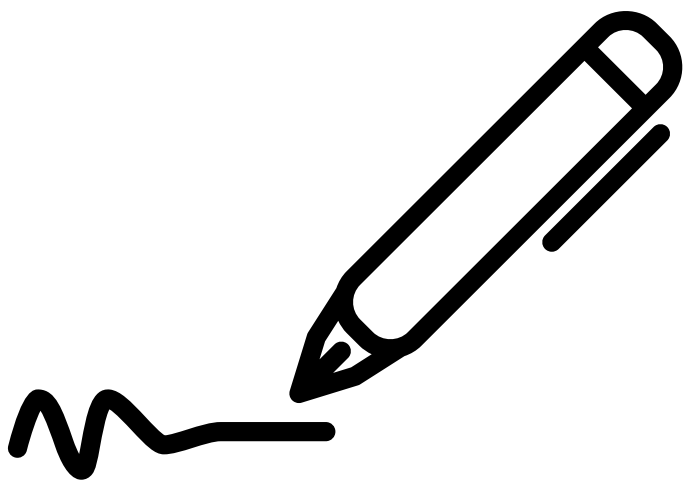


When you arrive:

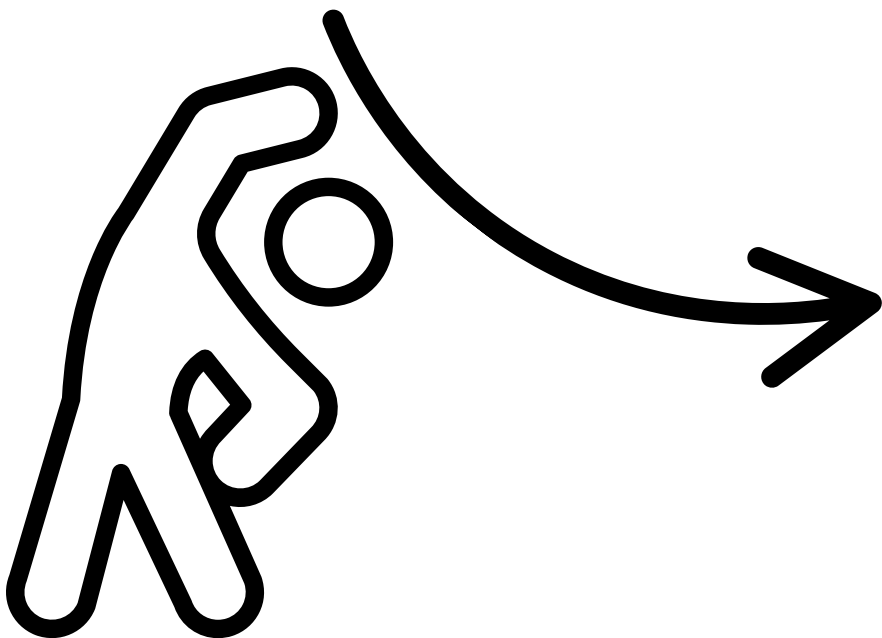
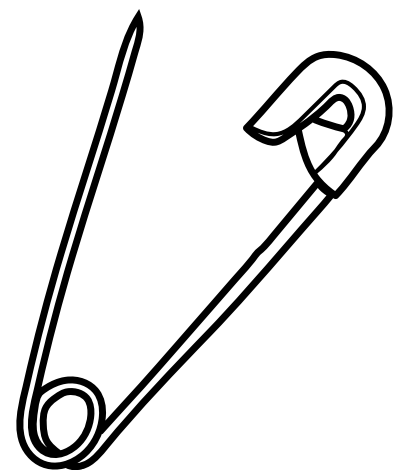
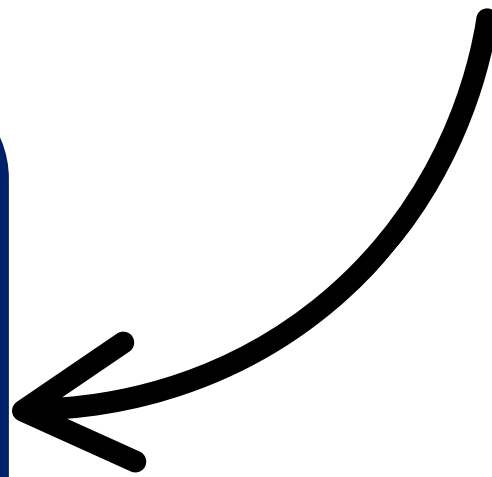
Head over to registration to collect your race number – all you need is the name you signed up with



Fill out your information on the back, this help us identify you quickly if something happens on course

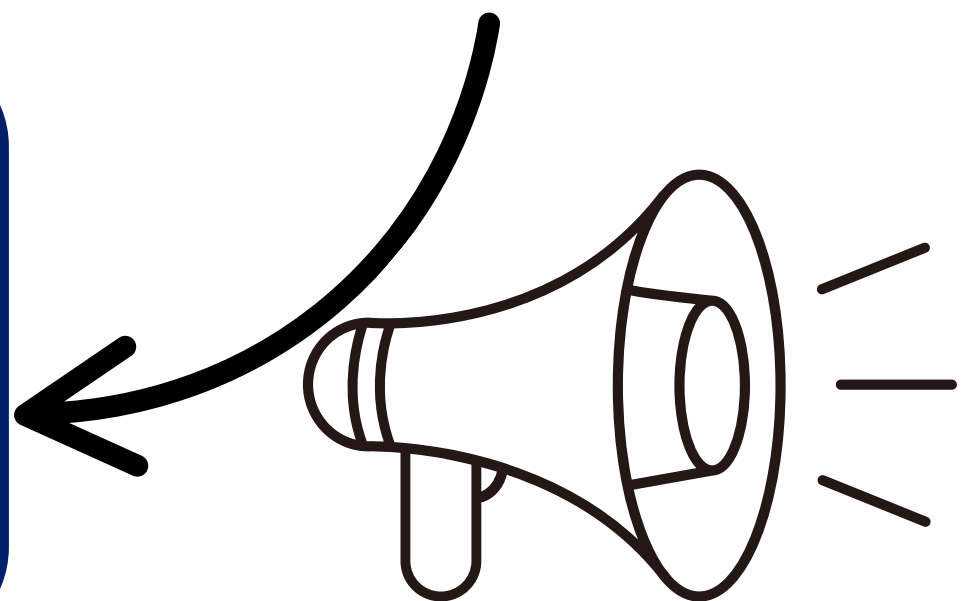


Pin your number to the FRONT of your t-shirt– do not remove the foam strip – safety pins can be found on hq tables



Explore HQ, warm up, hand over your bag and get ready for your race start

Join the start funnel– 5 mins before the start, the commentator will give a final brief. Have fun

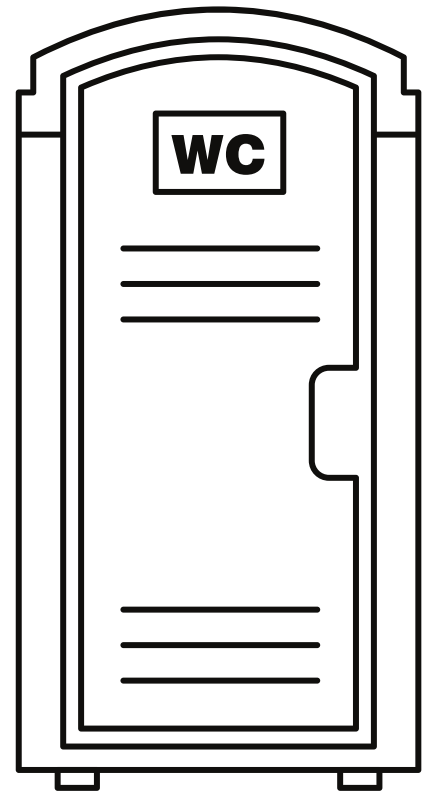


Some Key Info:

Toilets & Changing:

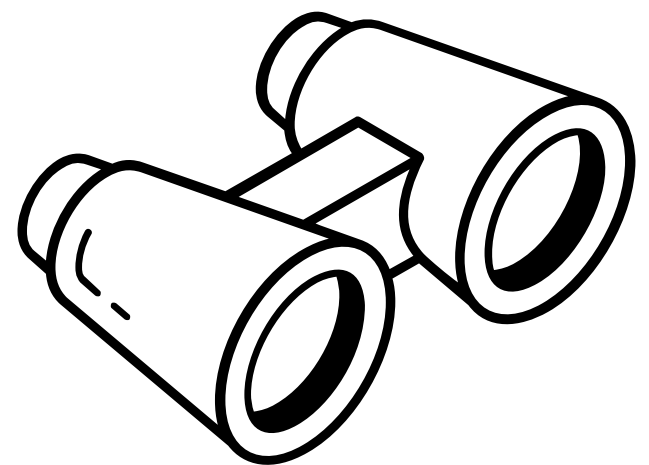
Toilet facilities are on site inside in the form of portable toilets. No Changing facilities are on site, so please turn up ready to go.

Free female sanitary products available in portable toilets.



There is a cafe onsite serving food and drink options.

Friends or family coming to support?
Help us build the magic of event day and celebrate every runner over the line
There's also a great cheer point at HQ.



The Route:



[Interactive course map](#)

- The course is marked with arrows and marshals.
- The trail is a mix of tarmac and compacted stone and dirt. Any shoes with a bit of grip are recommended for this trail course.
- Littering on the course is prohibited.
- Please be respectful of other users while you race.

Post Event:

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Click below to see your results, photos and more

Also coming to an app store soon...

THE HUB



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ATW RACE SERIES



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All thats left to say is...

**GOOD LUCK
AND
HAVE FUN**

Our partners:

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Our partners:



Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

- 1. Donate
- 2. Share your interest in supporting Alzheimer's research – including event sponsorships

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Start fundraising today with no fee, easy set up, and free Gift Aid processing for charities.

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