

MALLORY RACE CIRCUIT

TRIATHLON



Thank you for
entering the ATW
Mallory Park
Triathlon.

Incorporating the
2027 European Age
Group Championship
Sprint Triathlon
Qualifier.

This information
pack contains
everything you need
to know ahead of
your event on
Saturday 1st August .
Please have a read
through so you can
be fully prepared!



Follow us on socials @eventsatw

KEY DETAILS:

Saturday 1st August 2026

Address:

Mallory Park Circuit,
Church Road, Kirkby
Mallory, Leicestershire, LE9
7QE

Camping is available on
Friday/Saturday night,
bookable through the
event booking page.

Parking:

Ample Parking is available
for £3 per car/£10 per bus or
coach – please follow the
car park marshal
instructions. We strongly
promote car sharing where
possible. The parking fee
will be collected at the
entrance. Please provide
cash where possible.

NOTE: Dogs are strictly
prohibited at this venue.
Anyone arriving with a dog
in their car will be turned
away.

6am

Car Park & Registration opens

7.30am

Non-Drafting Super Sprint Wave

8.30am

Draft Legal Sprint Wave, Open
Category, Aged Under 50

9:30am

Draft Legal Sprint Wave, Open
Category, Aged 50+

10:30am

Draft Legal Sprint All Female Wave

When you arrive:

Registration:

You will need to give the name you used to sign up to the event online.

You will be given:

- 2 race numbers –a race number must be worn visible on your front for the run and on your back during the bike;
- a timing chip with an ankle strap (This must be strapped to your LEFT ankle, facing outwards);
- 2 numbered labels (a smaller one for the front of your helmet and a larger one for the seat tube of your bike).

You must write your number on the back of your hand using the marker pens provided.

Safety pins will be available at registration if required.

Please ensure you fill out your information on the back of your race bib!

Baggage:

An unofficial baggage area will be provided at the edge of transition.

Toilets and Changing:

Toilet and Changing facilities are on site in the centre of the paddock.

Free female sanitary products will be available in the toilets.

Changing in the cafe is strictly prohibited!

Transition:

- To enter the transition area you must be:
 - wearing your helmet securely;
 - displaying your race number;
 - the stickers in your registration pack must be on your bike and helmet;
 - your race number written clearly on the back of your hand.
- After the race you will need to show your race number and this will be matched to the sticker on your bike and helmet by a marshal.
- Please note that only equipment required for the event is to be placed in transition, next to your bike. No boxes or large bags are allowed to be left by athletes' bikes in transition. Towels are limited to 30cmx30cm and must be left rolled up in your shoe.
- Racking of the bike needs to be by the saddle, so that the majority of the bike faces towards you (front wheel facing you with the kit by the front wheel).
- If this is your first multi-sport race, then it is good practice to familiarise yourself with the ways in and out of the transition area. There will be marshals to help if you are not familiar with setting up arrangements for your bike, helmet, shoes etc...

Be aware that other races may be taking place both before and after you. Stay alert in transition and do not obstruct competing athletes.

The draft-legal Sprint waves of this race are hosting a British Triathlon Age-Group Qualifier for the 2027 European Sprint Distance Triathlon Championships.

If you intend to qualify for the Great Britain Age Group Team, you must be a Core or Ultimate member of British Triathlon through your Home Nation and register your intent to qualify before 5pm on the Friday before the race.

Further information on the British Triathlon Age-Group Team can be found here.

Race Rules:

- Swim hats are compulsory and will be provided
- British Triathlon rules will apply and penalties will be issued for rule breakers. Please familiarise yourself with the rules on the British Triathlon website – www.britishtriathlon.org
- Be aware of rules surrounding zips on tri-suit tops in section 2.8
- Towels in transition are limited to 30cmx30cm and must be left rolled up in your shoe.
- Correctly fitted and structurally sound helmets are mandatory on the bike and must be securely fitted BEFORE touching the bike.
- You must mount your bike AFTER the mount line and dismount BEFORE the dismount line.
- Drafting is strictly prohibited on the bike ([BTF Drafting Explanation](#))
- Headphones are strictly prohibited during all legs of the race including in the transition area before and after your event.
- Littering on the course is prohibited – please ensure that you carry all litter with you to the next litter drop area. Anyone seen littering will be penalised.
- This is an individual effort. Outside assistance is strictly prohibited
- If you DNF please head to race HQ and inform the timing team you have withdrawn.

Wetsuits:

- Water temperature will be taken on the morning of the race and not beforehand. We will not be able to provide ANY information on water temperatures until the morning of the race.
- The wearing of wetsuits (mandatory/optional/banned) will be determined by the British Triathlon Technical Official on the day and will be based on rule 4.2
- If you have a wetsuit, we recommend that you bring it, just in case.

Site Specific Rules:

We are very fortunate to be able to use this fantastic venue. Please abide by these venue-specific rules to ensure we can continue to have access to it:

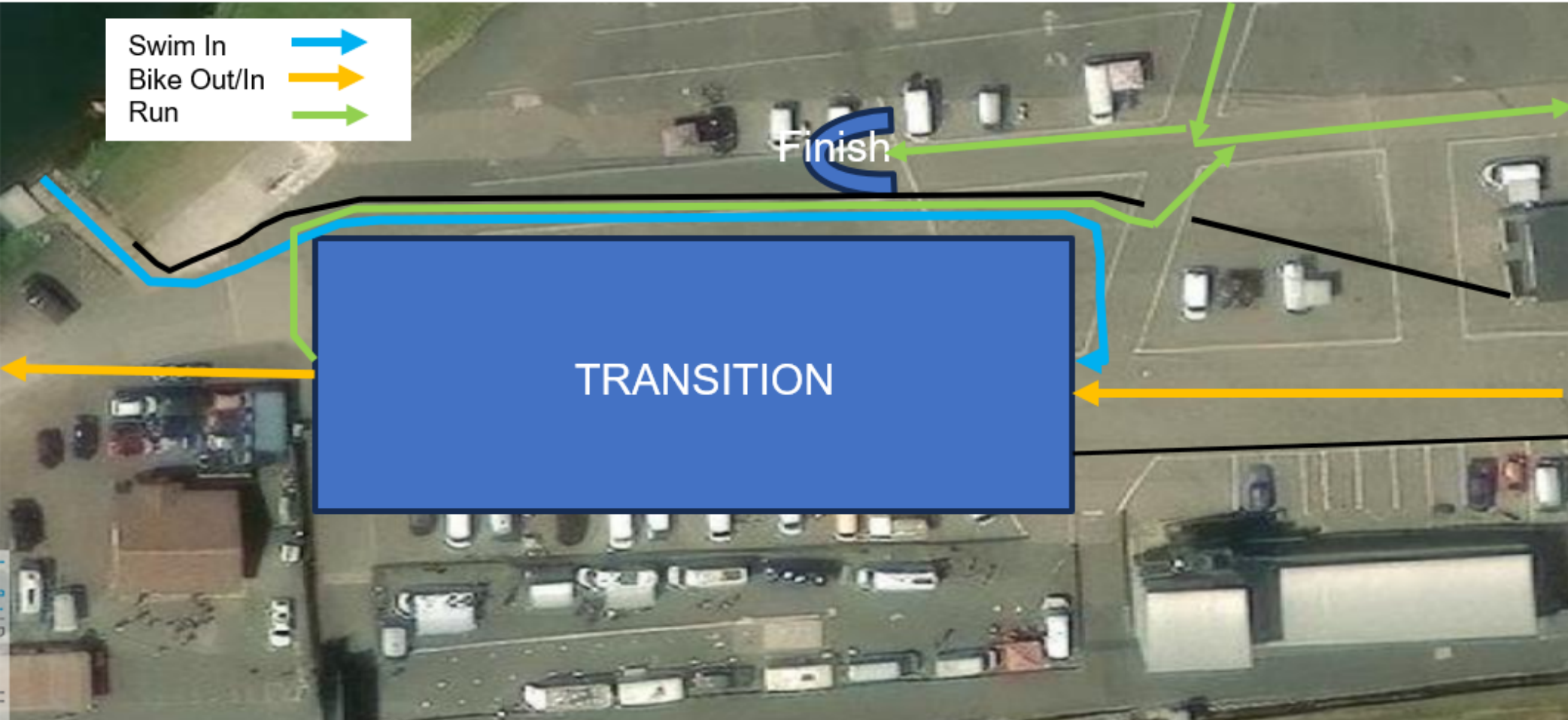
1. **Dogs are NOT allowed at Mallory Park (sorry!) You will be turned away if you have a dog with you.**
2. The race track is out of bounds, except to athletes during the race and official vehicles
3. The safety gravel traps must NOT be entered. They are prepared in a specific way to absorb the energy of a crashing vehicle. If they are disturbed they need to be reset at high cost.



Venue layout



Transition flows



Swim

You will receive a final briefing at the swim entrance 10 mins before your race start.

You will then enter the water and head to the start line for an ‘in-water’ start.

During the swim there will be plenty of water-safety team on the water. If you need assistance roll onto your back and raise your hand. A water-safety team member will come over to you. For this reason, we ask that you do not swim backstroke (and because you cannot see where you are going!)

750m

Sprint – 1 lap



400m

Super Sprint – 1 lap



Bike



Sprint Map
and downloadable gpx

Super Sprint Map
and downloadable gpx

Sprint Triathlon
competitors will complete 10
laps of the 2k bike course,
totalling 19.8k
(Note: on the last lap you
enter transition and do not
climb the hill)
Note: the Sprint is a draft-
legal race

Super Sprint Triathlon
competitors will complete 5
laps of the 2k bike course,
totalling 9.6k
(Note: on the last lap you
enter transition and do not
climb the hill)
Note: the SuperSprint is a
non-drafting race

It is the athlete's responsibility to count their own laps. The marshals and officials on the course will not know how many laps you have completed.

Run

1.25km lap

Super Sprint – 2.5k – 2 laps
Sprint – 5k – 4 laps



[Interactive lap map](#)

The run is based around a 1.25km lap.
There is a water station at the start of each lap.
Please use the multiple bins provided for the disposal of cups and any personal litter (eg. gel wrappers).
After completing the correct number of laps, turn right in to the Finish.
You are responsible for counting your own laps.
There will be a timing mat to ensure the correct number of laps are completed.

Draft-legal specific rules:



- Drafting off a different category (Open/Female) athlete is forbidden;
- Drafting off a competitor who is on a different lap is forbidden;
- Drafting off a motorbike or vehicle is forbidden;
- Lapping of competitors is allowed;
- These races are run in accordance with British Triathlon Competition and Technical Rules;
- It is the competitors responsibility to know the rules by which British Triathlon events are governed, both in relation to the competition rules by which competitors must abide by, but also eligibility rules..
- There will be Brit Tri Technical Officials on the course who will apply penalties for any infringements;
- Qualification for the GB Age-group team will be announced post-event via British Triathlon, and not on the day.

ATW accessibility

For this event, we are pleased to offer a designated quiet area just outside the event village for any athletes who may benefit from a low-stimulus environment.

This calm space is intended for those who experience sensory overload, pre-race nerves, migraines, or anyone who simply needs a peaceful moment to regroup before or after running. Some athletes prefer a quieter area to mentally prepare, manage anxiety, or steady their breathing after finishing, and this space is designed with all of them in mind.

We ask everyone to respect the purpose of this area and only use it if you genuinely need a quieter environment, so it remains available for those who rely on it.

The quiet zone is in the main building next to registration.

We ask that this space is used respectfully



Holly

We pride ourselves on being inclusive and accessible and we know this looks different for everyone!

Pre-event, if you have any questions please email access@atwevents.co.uk

On event day Holly can be found in the event village and is the friendly face aiming to make the event accessible for all; with bundles of experience, they will do everything they can to help :)

Crossing the finish line

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Download the ATW hub app from your app store now to see your results, photos and more!

THE HUB



EVENTS



RESULTS



PHOTOS



FAQ'S



PARTNERS



COACHING



SOCIALS & PODCASTS



EVENTMAKERS



TRAINING CAMPS



ATW RACE SERIES



FUNDRAISING



MEET-UPS



OWS & TRAINING VENUES



VIDEO LIBRARY

[Download on the AppStore](#)

[Download on Google Play](#)

All that's left to say is...

GOOD LUCK

AND

HAVE FUN!!

Our partners:



OUR SUPPLEMENT SPONSOR!

Revive Active is more than just a multivitamin... It's a SUPER Supplement. Why is it Super? Ingredients, Power, Convenience, Taste and Effectiveness to achieve a SUPER YOU no matter what stage of life you're at!

[CHECK OUT THEIR STORE](#)



OUR RUN SPONSOR!

Lifestyle and athletic footwear and apparel for men, women, and kids filled with innovative comfort technologies.

YellowJersey
Insurance for cycling

Bike insurance

Travel insurance

For more than ten years, their specialist bicycle insurance has been covering equipment for theft and crash damage

Our partners:



Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

1. Donate
2. Share your interest in supporting Alzheimer's research – including event sponsorships

[FIND OUT MORE](#)

Our partners:



YOU HAVE
THE MOTIVATION,
WE HAVE WHAT IT TAKES



amazon.co.uk



*Scan QR code above. Add to basket. At Amazon checkout type in 'DextroSave50'. Whilst stocks last.



CONFIDENCE STARTS IN THE WATER.



**Every race starts with the swim.
Confidence in open water comes
from wearing the right wetsuit.**

ZONE3 wetsuits are developed, refined and proven through real world testing, with a focus on efficiency, comfort and control when it matters most.

For ATW events, athletes can access ZONE3's season wetsuit rental programme, making ZONE3 wetsuit performance available without the commitment of purchasing.

PREPARING FOR RACE DAY?

Use the [ZONE3 Race Day Kit List Checker](#) to make sure nothing is left to chance, from wetsuit choice to final swim essentials.

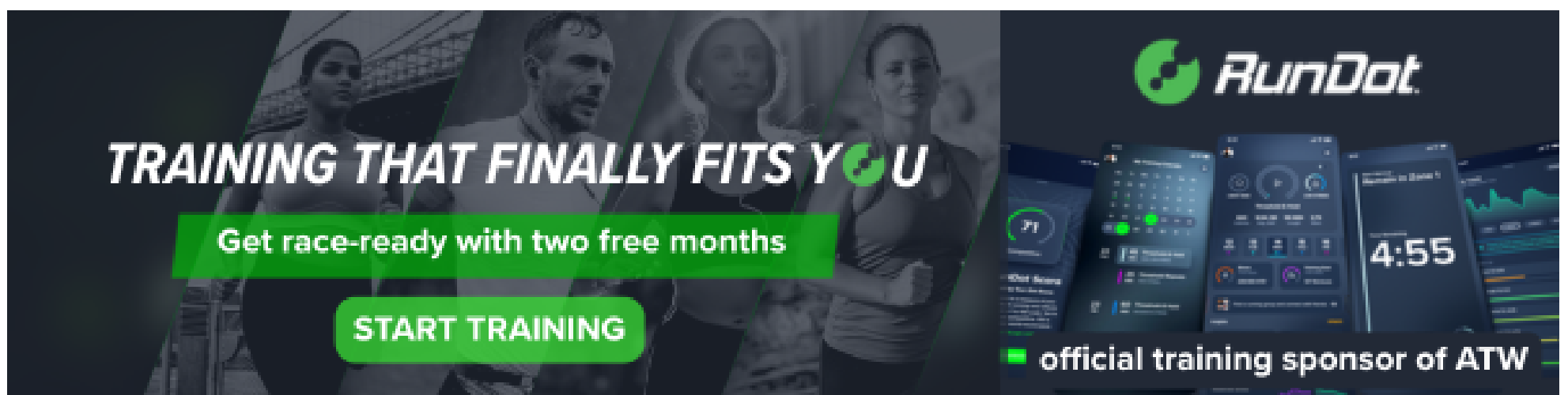
Book your ZONE3 season wetsuit rental and check your race day kit at [ZONE3.COM/ATW](https://www.zone3.com/atw)



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