

Thank you for entering the ATW **Wendover Woods** Canicross.

This information pack contains everything you need to know ahead of your event on Sunday 23rd November. Please have a read through so you can be fully prepared!

We can't wait to see you on the start line.

Follow us on socials @eventsatw

KEY DETAILS:

23rd November 2025

Address:

Wendover Woods, Upper Icknield Way, Aston Clinton, Aylesbury, HP22 5NQ

Parking:

Parking is available at Wendover Woods.

Parking at the venue is charged at pay and display machines on the way out.

Canicross infomation:

As well as our Canicross, a Trail Run (without dogs) will be taking place on the same route. This event will be starting 15 minutes after the Canicross at 9:00am.

Runners have been asked to alert any Canicross athletes that they have caught up with and to give clear instruction as to which side they will be overtaking on. If you hear a trail runner behind you, please move to the side to allow them to pass, they will have caught up by over 15 minutes and so should be moving significantly quicker than you. Please make it clear which side you are moving to, to avoid any trip hazards.

Dog Waste

Please make sure to throw away ALL waste, including dog waste in the bins provided. We will have RED bin bags specifically for dog waste on route and the finish area.

Please do not put dog waste in the general bins (BLACK or GREEN bin bags).

Timings:

7:30am

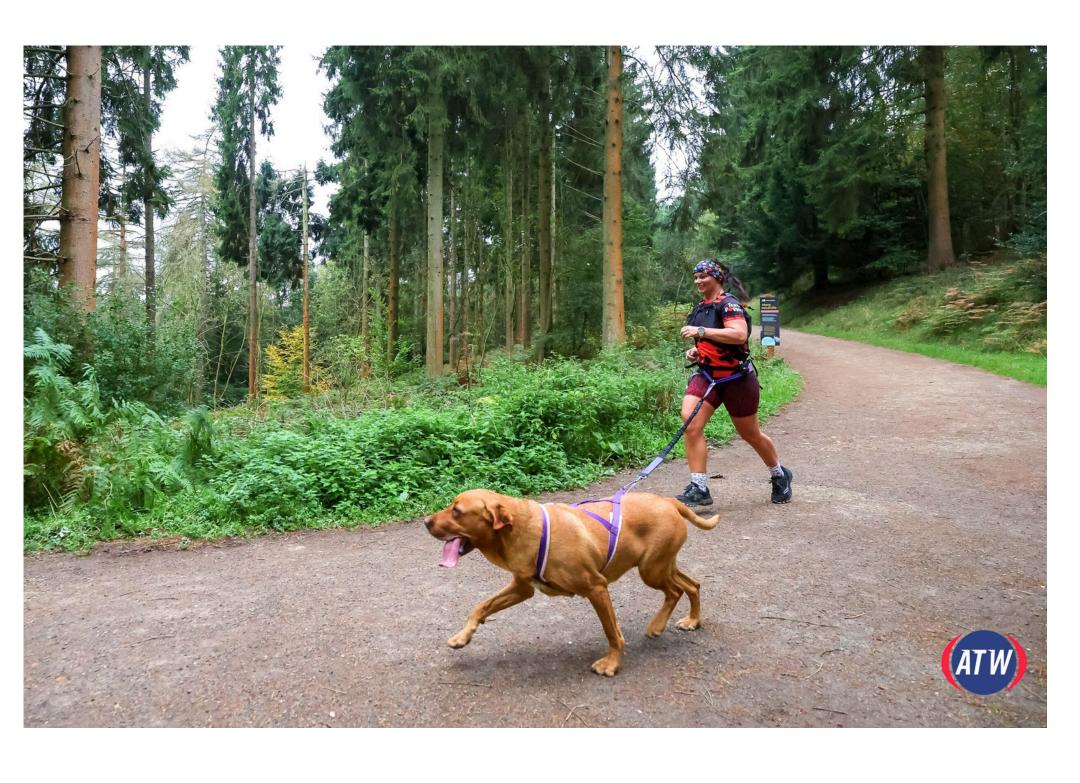
Registration opens

8:45am

Canicross Start

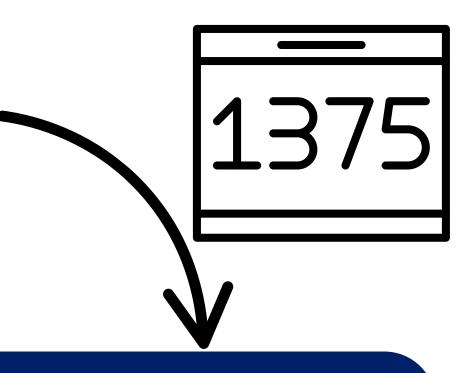
9:00am

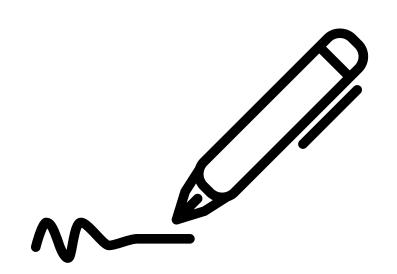
5k, 10k & Half Marathon Start



When you arrive:

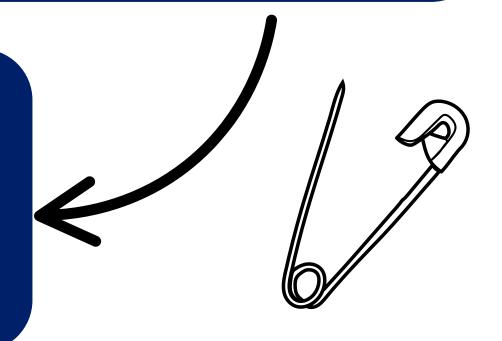
Head over to registration to collect your race number - all you need is the name you signed up with

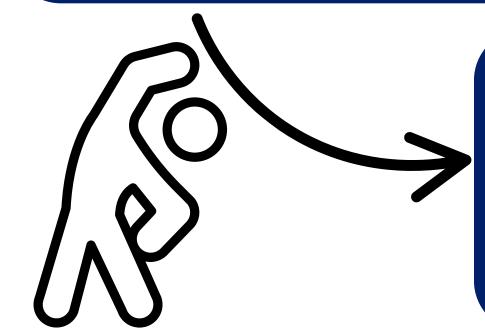




Fill out your information on the back, this help us identify you quickly if something happens on course

Pin your number to the FRONT of your t-shirt- do not remove the foam strip - safety pins can be found on hq tables





Explore HQ, warm up, hand over your bag and get ready for your race start

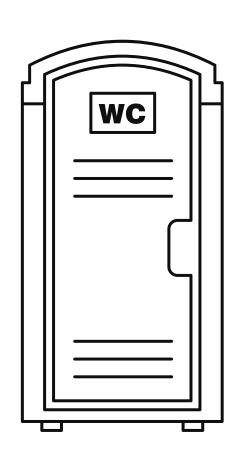
Join the start funnel-5 mins before the start, the commentator will give a final brief. Have fun



Some Key Info:

Toilets & Changing:

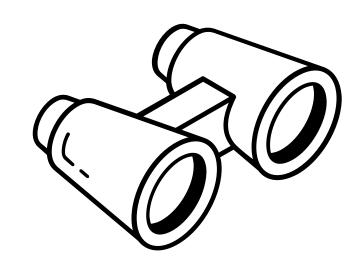
Toilet facilities are on site inside the main building, next to the cafe. Free sanitary products will be available at registration. No Changing facilities are on site, so please turn up ready to go.



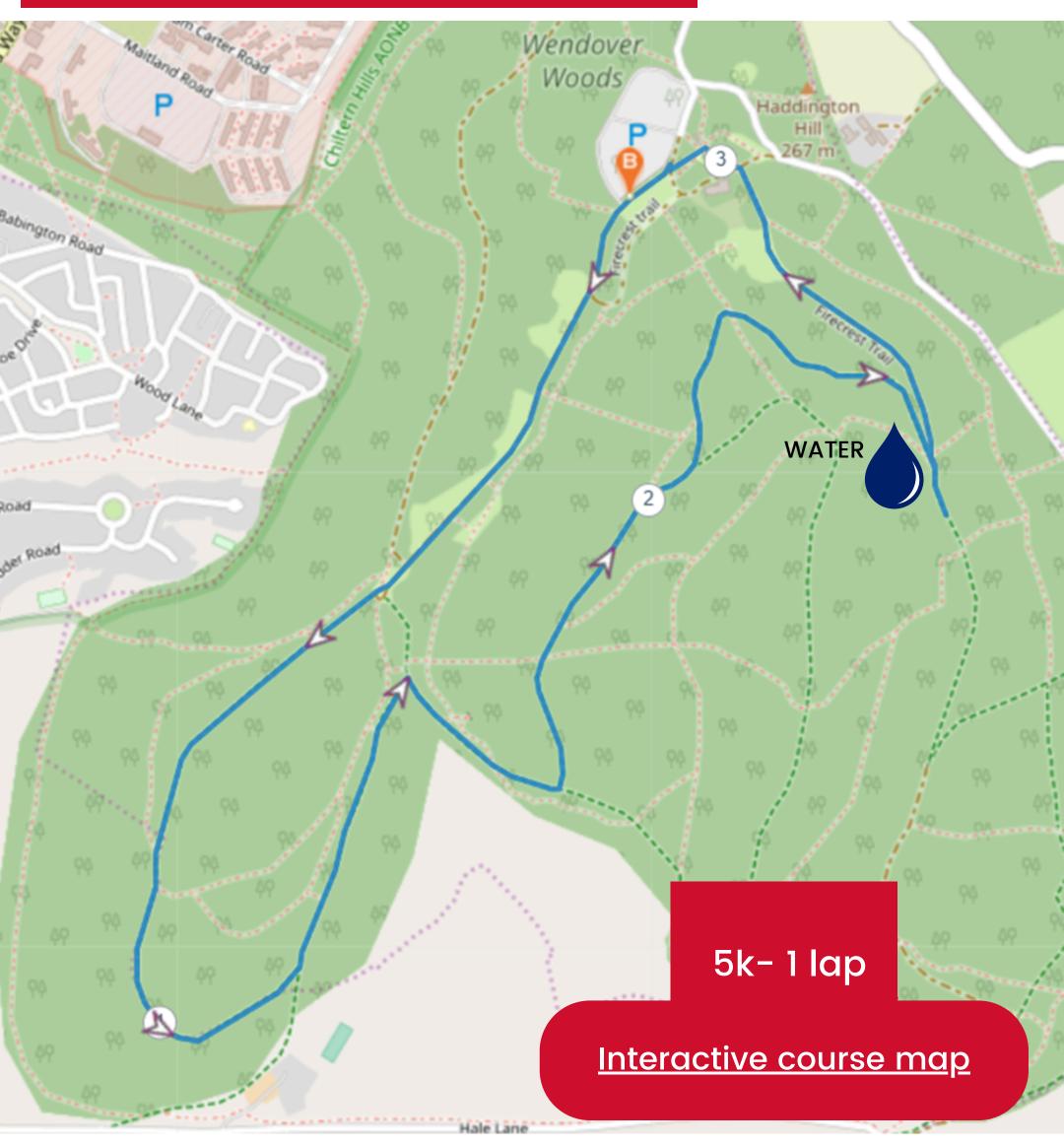


There is a cafe onsite serving food and drink options.

Friends or family coming to support?
Help us build the magic of event day and celebrate every runner over the line
There's also a great cheer point at HQ.



The Route:



- The course is marked with arrows and marshals.
- The trail is a mix of tarmac and compacted stone and dirt. Any shoes with a bit of grip are recommended for this trail course.
- Littering on the course is prohibited.
- Please be respectful of other users while you race.

Post Event:

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Download the app below to view your race results, photos and all things ATW

THE HUB





























Download on the AppStore

<u>Download on Google Play</u>

All thats left to say is...

GOOD LUCK AND HAVE FUN!

Our partners:



CHECK OUT THEIR STORE

Get ready for your swim or triathlon event with a ZONE3 Wetsuit.

Easy event day hire & season rentals

WETSUIT HIRE



OUR SUPPLEMENT SPONSOR!

Revive Active is more than just a multivitamin... It's a SUPER Supplement. Why is it Super? Ingredients, Power, Convenience, Taste and Effectiveness to achieve a SUPER YOU no matter what stage of life you're at!

CHECK OUT THEIR STORE

DISCOUNT CODE: ATW20



OUR ALL NEW RUN SPONSOR!

Lifestyle and athletic footwear and apparel for men, women, and kids filled with innovative comfort technologies.

NEW SKECHERS RUNNING SHOES RELEASED MAY 2025!

Our partners:

ALZHEIMER'S FORA RESEARCH UK CURE

Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

1.Donate

2. Share your interest in supporting Alzheimer's research – including event sponsorships

FIND OUT MORE

YellowJersey Insurance for cycling

For more than ten years, their specialist bicycle insurance has been covering equipment for theft and crash damage





