

# Super Series Eton Eliminator

24<sup>th</sup> August 2025



## Welcome

The British Triathlon Federation and ATW events would like to extend a warm welcome to all competitors and spectators to the Eton Eliminator on Sunday August 24<sup>th</sup>, 2025.

### Venue

The event will be held at Dorney Lake, Court Lane, off Lake End Road, Dorney, Windsor, Berkshire, SL4 6FJ (please note that the postcode takes you to the wrong end of the lake – please follow the marshal's instructions on arrival)  
W3W:///entire.vibes.sport

### Car Parking

Car Parking will open at 7am (the venue will not be open before this time).  
Follow the marshals' parking instructions on arrival.  
A £5 parking charge will be collected per vehicle upon departure – please bring cash to speed up your departure.

### Facilities

There will be portable toilets, coffee, and catering on site. There is also a Sainsburys a short drive away (note Sunday opening hours 10am-4pm).  
We will not have access to any showers or changing rooms.

## Registration & Race Packs

Registration will be located at the RaceHQ, a short walk from the car park. Competitor information will also be available here together with course maps.

Registration will open at 7:00 and close at 8:30 for YthB/Jun/Sen. Registration for YthA will open at 12:00 and close at 13:30.

A Mandatory Bike Check will be carried out by Chief Technical Official to ensure your bike conforms to rules associated with Draft Legal racing.  
YouthA bikes will undertake a 'roll out' to ensure appropriate gear restrictions have been applied. YouthB bikes are not required to be restricted as they are competing alongside Juniors and Seniors.

If your wheels are on the UCI non-standard approved list, please do know the page number or bring a screenshot to speed up queuing at wheel checks.

### Race Pack:

At registration you will receive the following items:

- Timing Chip and Strap
- ATW Swim Cap
- Super Series Bike & Helmet Stickers
- Super Series Race Number Decal

Please also write your race number on the back of your left hand.

## General Information

### Results and Photos

Provisional results will be available on the ATW HUB app within minutes of you crossing the finish line. The ATW HUB app is available for both Apple and Android.  
Results will become final no later than August 26<sup>th</sup>.  
Photos will be available on the ATW HUB within 24hrs of the race.

### Home Nation Association Membership Cards

Please bring your British Triathlon membership card and ensure it is up to date and valid on race day. If you fail to bring your membership card, you will be required to pay £8.00/ £2.00 (Aged 25+ / 24 and under) for a Race Pass.

### Withdrawing during the race

If at any point during the race you feel the need to stop and pull out of the race, please do not hesitate to do so. It is mandatory that if you withdraw from the race then you need to find the nearest marshal who will help you get back to the event headquarters. Marshals can also call for medical support should it be needed.

**Please notify a Technical Official, Timing or the Event Organiser to hand back your chip and confirm you have withdrawn.**

### Medical and Water Safety

There will be extensive medical and Water Safety cover provided on all sections of the course. If at any point you require assistance, please find the nearest marshal who will be able to locate medical support for you. If for any reason you are feeling unwell on race day or have been unwell in the build-up to the race, please consider carefully whether you are fit to compete.

### Sustainability and waste

We would appreciate it if all competitors made every effort to keep the venue, and the surrounding area as clean as possible, there will be ample bins around the HQ, transition area and water station on the run course. Anyone found littering during the event will be penalised.

### Partners

ATW would like to thank event partners:

- Dorney Lakes
- Skechers Performance
- Alzheimers Research
- Lovecorn
- ReviveActive

### Site Rules

The event utilises a closed-road bike course. It is important that spectators stay behind crowd control barriers and ropes for athlete safety. The run course passes between the Race HQ area and the car park. Please cross all paths with care, looking both ways as there may be events taking place when you arrive/leave.

Please return your timing chip to the marshals in the finish area at the end of the race. If for any reason you withdraw from the race, please pass your timing chip to a member of the event crew. Competitors who fail to return their timing chip will be charged £50 as per the terms and conditions of entry.

### Prizegiving

There will be a prizegiving to the Top3 Female and Open athletes in the Sen, Jun, & YouthB categories at the end of the morning races, and for the YouthA category after the afternoon races.

## Bike Swim Familiarisation & Transition

### Bike & Swim Familiarisation

There will be a led one-lap bike familiarisation. There is a tight corner at the far end of the course, and we strongly suggest that all athletes check it out.  
There will be an opportunity for a swim familiarisation, in particular to look at the pontoon for the diving starts. Once you are in the water you must swim to the Swim Exit following the guidance of the water safety team (Do Not climb back on to the pontoon). There is a maximum number allowed on the pontoon at any one time, this will be controlled by marshals and Technical Officials.

### Timing Chips and Numbers

Your timing chip and race number will be allocated to you at registration.  
Please ensure that the ankle strap is done up securely.

### Transition

Transition check-in will take place on race day only. Be aware that this will be a Live transition throughout the day and there may be other races taking place while you are resetting your bike between races. Do not wear earbuds/headphones while in transition, and listen out for marshal/official instructions. The use of mobile phones in transition is not-permitted.

There will be no marking permitted in transition, this includes the use of talc on the floor.

After each Heat/Round athletes will be allowed to enter transition to prepare their equipment for the next round. The Entry / Exit point will be clearly signposted. Do not cross any timing mats or enter Transition Area through any other location.

There will be individual allocated spaces in Transition with allocated transition boxes. Please allow sufficient space for your fellow athletes. No Bags will be allowed to stay in the transition. Please wear and fasten your helmet before entering transition with your bike. You will not be allowed in with your bike unless this is in place. Additionally, you must have your decals on to enter transition. YouthA's must have had their gear restrictions checked at registration before entering transition.

Between rounds you will need to reset your transition area. We would appreciate the Transition area being cleared as quickly as possible once permission has been given by the Technical Officials.

SEE YOU ON RACE DAY!

If you have any questions, please email the team at [SuperSeries@britishtriathlon.org](mailto:SuperSeries@britishtriathlon.org)

# Timetable

Timings are approximate as it will depend upon the number of athletes registering on the day, and the number of waves required.

YthB/Jun/Sen Timetable	
07:00	Venue opens
07:00	YthB/Jun/Sen Registration opens
07:15	YthB/Jun/Sen Transition opens
08:00	Bike familiarisation
08:30	Registration closes
08:30	Swim familiarisation
08:45	Heat Start lists published
08:55	Transition closes
09:00	YthB/Junior/Senior Female Heats Swim-Bike-Run
09:20	YthB/Junior/Senior Open Heats Swim-Bike-Run
10:00	YthB/Junior/Senior Female Round 1 Run-Swim-Bike
10:35	YthB/Junior/Senior Female Round 2 Run-Bike-Swim
11:15	YthB/Junior/Senior Female Round 3 (Final) Swim-Bike-Run
12:00	YthB/Junior/Senior Open Round 1 Run-Swim-Bike
12:40	YthB/Junior/Senior Open Round 2 Run-Bike-Swim
13:20	YthB/Junior/Senior Open Round 3 (Final) Swim-Bike-Run
13:45	Prizegiving – YouthB/Junior/Senior
14:05	YthB/Jun/Sen Transition Opens for bike removal

YthA Timetable	
07:00	Venue opens
12:00	YthA Registration opens (Bike rollouts at registration)
13:50	Swim Familiarisation
14:00	YthA Registration closes
14:05	Bike familiarisation
14:10	YthA Transition opens
14:15	Heat Start lists published
14:25	YthA Transition closes
14:30	YthA Female Heats Swim-Bike-Run
14:45	YthA Open Heats Swim-Bike-Run
15:30	YthA Female Round 1 Run-Bike-Swim
16:00	YthA Female Round 2 (Final) Run-Swim-Bike
16:40	YthA Open Round 1 Run-Bike-Swim
17:00	YthA Open Round 2 (Final) Run-Swim-Bike
17:30	Prizegiving – YouthA
17:30	Transition Opens for bike removal

# Event Format

All **YouthB/Junior/Senior** races will take place in the morning using a Swim-350m, Bike-4.8km, Run-1.5km course

All **YouthA** races will take place in the afternoon using a Swim-300m, Bike-4.8km, Run-1km course

This full day of fast and furious racing will begin with Swim-Bike-Run Heats for YthB/Jun/Sen starting at 9am. The start lists for the heats will only be published once registration is closed, to ensure a fair allocation of registered athletes amongst the heats.

The results from the Heats will allocate athletes into waves for the opening round of the finals. These will be published as soon as the results from the results are ratified.

In the morning, **YouthB/Junior/Senior** races will rotate through the following order with a short (approx. 10 min) turnaround between rounds:

**Round 1 - Run-Swim-Bike** (note you will have to perform a T3 removing your helmet and running across the finish line wearing trainers)

**Round 2 – Run-Bike-Swim** (note different finish line)

**Round 3 (final) – Swim-Bike-Run**

In the afternoon, the **YouthA** athletes will rotate through the following order with a short (approx. 10 min) turnaround between rounds:

**Round 1 - Run-Bike-Swim** (note different finish line)

**Round 2 (final) – Run-Swim-Bike** (note you will have to perform a T3 removing your helmet and running across the finish line wearing trainers)

As well as the change in discipline order, each round will result in smaller start waves based on the first across the line and fastest losers from the previous round as follows:

**Round 1** - waves of max 35

**Round 2** - waves of max 22

**Round 3** - waves of max 15 (YthB/Jun/Sen only)

The exact rules for the progression will be advised at the start of each wave.

For YthB/Jun/Sen, only the top 75% will progress to the final round.

SuperSeries points will be taken from the results of Round 2 for those who do not progress.

**Swim** – where a race begins with the swim, there will be a diving mass start from the pontoon. Where the swim falls in the middle of the race, entry to the water will be a running dive from the pontoon.

**Penalties** - Time penalties allocated by the Race Referee will be applied by the timing team to the results of each Round. This may mean that competitors are demoted/promoted after the finish of the previous round. This will be reflected in the ATW HUB results section and the start list of the next round. The start official will announce who is in the start of each wave at the start line of each race.

In the past, common penalties have been picked up for infringements at the dismount line, and for equipment not being left (or bouncing out) of the transition boxes. You have been warned.

## Event Specific Transition Rules

**ALL** equipment that has been used must be placed entirely inside the transition box.

**EXCEPTION** – In the Run-Swim-Bike round, Run shoes may be left on the floor after the Run leg, as they will be required again after the Bike

**Bike shoes** may be left attached to the bike

In the Run-Swim-Bike round you must place your helmet in the transition box after the bike leg and wear Run shoes to the finish.

Where the swim takes place in the middle of the race (eg Run-Bike-Swim & Run-Swim-Bike), Swim hats and Goggles may be *carried* by the athlete. They must not be worn until the transition leading in to the swim (eg cannot be worn on the run, or underneath a bike helmet).

Once worn they must be placed inside the transition box.

Swim hats must be worn in the swim and in place before diving off the pontoon. In the event that a swim hat breaks, there will be spares available at the swim pontoon. You must take your broken swim hat with you to receive a new one.

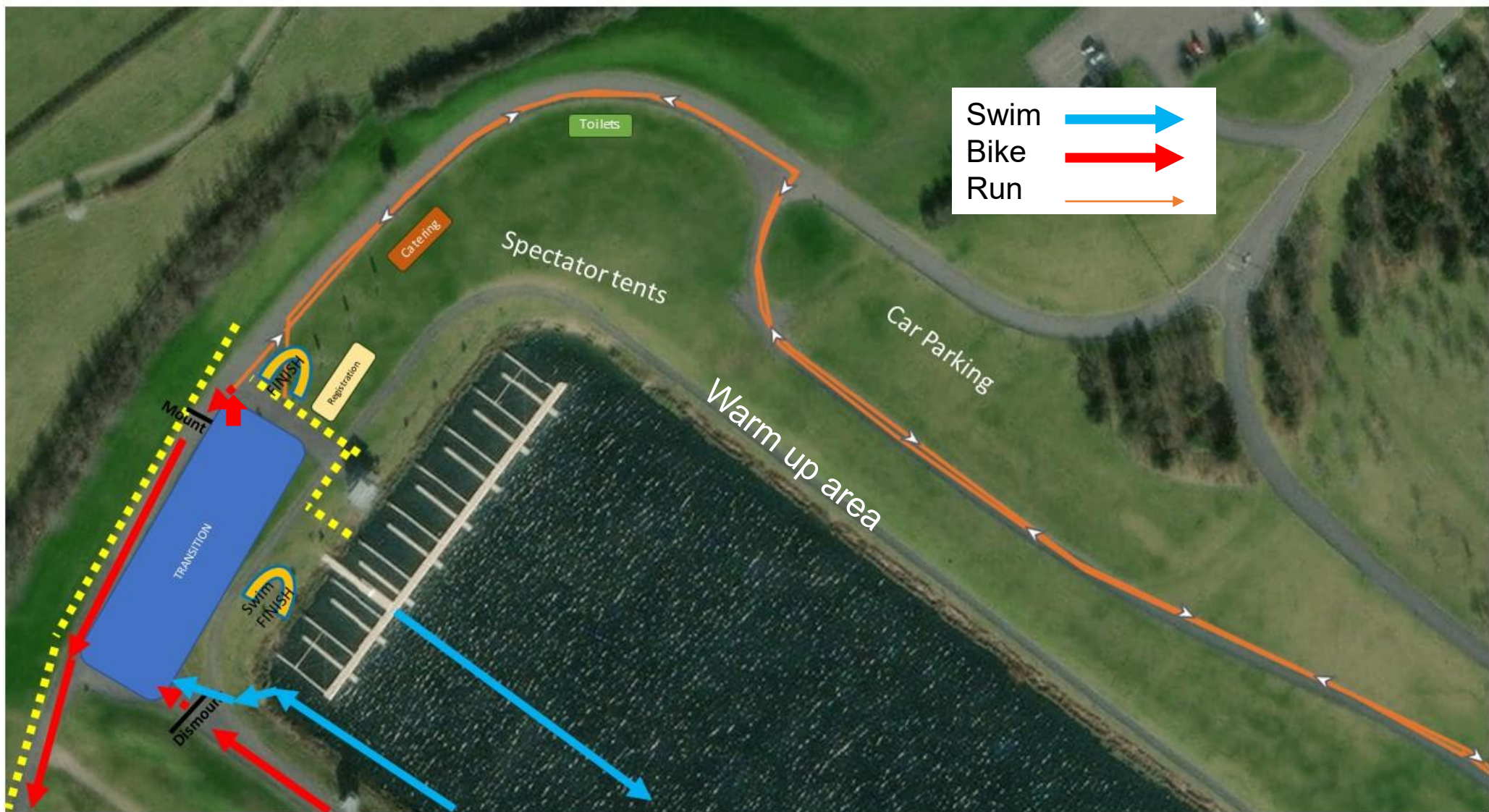
**SEE YOU ON RACE DAY!**

If you have any questions, please email the team at [SuperSeries@britishtriathlon.org](mailto:SuperSeries@britishtriathlon.org)





# Event Layout Map



## Course Maps – Swim

Entry in to the water will be a diving start from the pontoon.

There will be sections of the pontoon blocked off with cones for your safety – you must not dive at these points as there are deep-water wires that hold the rowing lane buoys in place.

Swim hats must be worn for the swim. There will be spare swim hats available on the pontoon in case one splits mid-race.



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Course Maps – Bike



Be aware of sharp left turn on to the *Olympic bridge*

Course Maps – Run



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# Super Series Athlete Guide

## Race Categories

### 2025 Race Categories:

Category	Classification
Youth A	Born – 2009-10
Youth B	Born - 2008
Junior	Born – 2006-07
Senior	2005 or Before
Paratri	All classifications

All references to Race Categories across the Super Series website, documentation and events will refer to the above categories. Your race category may also include the race in which you are competing within, the Open or Female race i.e., Youth A Open, or, Senior Female.

## Rules and Regulations

The British Triathlon Super Series operates within and utilises the [World Triathlon Competition Rules](#). For specific rules and regulations, including uniform, equipment, and wheel regulations, please see the relevant Technical Guidance document under the [Resources](#) tab of the Super Series Website.

### Gear Restrictions

Gear restrictions will only apply to the YouthA categories in this race.

### Bike Familiarisation

Bike familiarisations will take place at the times shown on the event timetable.

### Marking Transition

As per the British Triathlon Competition Rule 7.1q: Marking positions in the Transition Area is forbidden. Marks and objects (such as balloons, talcum powder or chalk) used for marking purposes are not permitted and will be removed and the competitors will not be notified. Wetsuits or other items of clothing hung over racking is classed as marking.

### Wheel Regulations

Any wheels used at a British Triathlon Super Series race must be defined as standard (described in the relevant Technical Guidance documents for each category found on the [Resources](#) page) or listed on the [UCI Non-Standard Approved Wheel List](#).

We ask that you please either keep the approval decal, memorise the page number that your wheels appear on within the wheel list, or have a screenshot of your wheels on the wheel list. This allows Officials managing wheel checks to find your wheels more easily on the list and speed up wheel checks.

### Handlebars:

The brakes shall consist of two supports with levers. It must be possible to operate the brakes by pulling on the levers with the hands on the lever supports in accordance with the maximum inclination of 10°. Athletes who do not comply with this rule will not be permitted to race under any circumstances.

### Uniform within the Field of Play

As per the World Triathlon Competition Rule 2.8ix: The uniform must be worn over both shoulders while the athlete is on the Field of Play. Nudity of any kind will not be permitted. The Super Series features minors racing and spectating and so this ruling must be respected by all.

The Field of Play is defined as “The course on which the competition will take place, the start

and pre start areas, the finish and post finish areas, the aid stations, the wheel stops, the penalty boxes, the ceremony area and the briefing area. Usually, the field of play is separated from the public by a clear boundary”.

### Approved Running Shoe Guidance

Any running shoe used at a British Triathlon Super Series race must be listed on the World Athletics Approved Shoe List. Shoes listed in blue on the Approved list are ‘Development’ shoes and will not be accepted as World Athletics only has only approved their use in specific circumstances. If an athlete can provide proof from World Triathlon or World Athletics that they have been approved to wear the shoe during a specific period, they will be allowed to wear it. If a shoe was manufactured prior to 2016 and the manufacturer is listed in the Approved Shoe List, the shoe will be automatically approved. Any shoe manufactured after 2016, that isn’t on the Approved Shoe List will NOT be approved. Bespoke shoes are not allowed under any circumstances. Please note, this is different to customised.

Any shoe that is suspected to be in breach of the above, or is protested, will be sent to British Triathlon for further analysis to assure they conform with the World Athletics guidelines.

<https://www.worldathletics.org/about-iaaf/documents/technical-information>

(Manuals and Guidelines > World Athletics Approved Shoe List)

Please note that not all shoes are present on the list. In almost all cases that the shoes have been purchased from a manufacturer or sports store and are readily available to all, the shoe is legal.

## Conduct

### Code of Conduct

British Triathlon is committed to upholding and protecting the organisation’s vision and values, and maintaining the highest possible standards of sporting integrity, through our four core values.

### BE PEOPLE CENTRED

Nurture environments to promote great experiences in swim, bike, run.

### BE INCLUSIVE

Promote and help make a more equal, diverse, and inclusive triathlon community and culture.

### DO WHAT'S RIGHT

Behave with honesty, kindness, respect, and integrity.

### BE AMBITIOUS

Be passionate about doing your best.

### Parental Conduct

Parents, guardians or accompanying adults must conduct themselves in a proper manner; failure to do so may result in disqualification of the competitor. As per rule 23.6 of the British Triathlon Rules misconduct by parents, guardians or accompanying adults may include, but is not limited to:

- Threatening or abusive language
- Failure to obey marshals/Official’s instruction
- Tampering with equipment of others
- Unsporting impedance

All individuals have a responsibility to act with integrity, in accordance with the standards set by British Triathlon. Any discriminatory, offensive and violent behaviour is unacceptable, and complaints will be acted upon under the procedures of our Safeguarding and Protecting Children Policy.

## Safeguarding and Welfare

### Staying safe in Triathlon

Your wellbeing and enjoyment of triathlon is paramount, and you should always feel safe when training and competing. If you’re worried, upset or something concerns you like the behaviour of someone, it’s important to talk to someone that you trust.

Follow these four simple steps:

Recognise – if you have a concern, notice a problem or if you’re worried or upset

Respond – Know what you need to do, identify someone you trust

Record – as many details as possible - who, what, when, where – capture details in writing

Refer – the information to appropriate people. **Do not ignore it – always tell someone!**

### Who to talk to

Please contact the Event Safeguarding Officer or the British Triathlon Safeguarding Team:

- Marc Scott 07384214726,
- Daisy Ratcliff 07501045231

British Triathlon :01509 837137 Option 1 or email [concern@britishtriathlon.org](mailto:concern@britishtriathlon.org)

You can also ring the NSPCC helpline on 0800 800 5000 or by emailing [help@nspcc.org.uk](mailto:help@nspcc.org.uk).

Following reporting the matter to the emergency services or NSPCC you must inform British Triathlon.

### Staying safe online

The internet is fantastic! You chat to your friends, meet new people, keep up to date with everything that is going on and share photos and videos, even play games and talk to people all over the world without even needing to leave your room. We’ve created a simple guide to staying safe on the internet. Why not download [here](#) – it’s full of handy tips.

## Photography Policy

As per the event terms and conditions British Triathlon has the right to use images, photographs and footage taken by their contracted photographers and employees at the Event. These images will be used for the purposes of promoting, reporting and broadcasting the Event, and any other promotion related to the business activities of the Organiser.

### Event Photography Opt Out

If a parent wishes to NOT have their child photographed at the event, they will need to fill out and sign the photography non-permission/opt out form. They will then be given an **orange** wristband so they can be identified by event photographers. The form will be made available at registration upon request.

If you wish for any photos to be removed from the ATW HUB please email [events@atwevents.co.uk](mailto:events@atwevents.co.uk) with a link to the picture you wish removing.

# SEE YOU ON RACE DAY!

If you have any questions, please email the team at [SuperSeries@britishtriathlon.org](mailto:SuperSeries@britishtriathlon.org)

