

NOTTINGHAM HOLME RUN

HALF-MARATHON, 10K & 5K



Thank you for entering the ATW Nottingham Holme Run, Half Marathon, 10k and 5k.

This information pack contains everything you need to know ahead of your event on Sunday 8th March. Please read thoroughly so you can be fully prepared!

We can't wait to see you on the start line.



Follow us on socials @eventsatw

KEY DETAILS:

8th March 2026

Address:

Holme Pierrepont County
Park, Adbolton Lane,
Holme Pierrepont,
Nottingham, NG12 2LU

Registration:

Registration will be open
from 09:00am and will
stay open throughout the
day, closing once the
final race (10km) starts
at 11:30am.

Parking:

Car Park

What3words: ///quick.fall.issue

Car park Entrance

What3words: ///also.cope.successes

When travelling down Adbolton lane you will come across a grass triangle with a wooden sign on, continue on the main road, before taking a left turn into the grasslands car park. There will also be signs for Event Car Parking.

Payment for parking

Car Parking is PER CAR via ANPR
Holme Pierrepont Country Park | Tap2Park
(<https://parkpcm.co.uk/>). (Location
4455)

There are several ways to pay:

- On the app - parkpcm
- Using the qr code on signs spread around site

At home on a computer up to midnight on the same day (no payment for parking can be accepted after the event date)



Early Registration:

For this event, we will be providing an early registration if you would like to collect your running number before event day.

FRIDAY 6th and SATURDAY 7th
March.

Early Registration will be open from 2pm-7pm on Friday 6th and 9am-2pm on Saturday 7th.

You can collect for friends and families too, you just need their full name and D.O.B

This will take place at The Derby Runner:

7 Sandringham Dr, Derby DE21
7QL



THE DERBY RUNNER

SPECIALIST RUNNING EQUIPMENT



THE DERBY RUNNER
SPECIALIST RUNNING EQUIPMENT

The Derby Runner have very kindly created a 20% discount code for competitors that will run until the end of March -

The discount code is:

ATW-HOLME-2026

<https://www.derbyrunner.co.uk/>

The winners of the following races will receive a £25 voucher for the Derby Runner:

5k 1st Male

5k 1st Female

10k 1st Male

10k 1st Female

Half Marathon 1st Male

Half Marathon 1st Female

Timings:

9:00am

Registration opens

10am

FREE Family Fun Run

10:30am

Half Marathon Start

11:25am

5k Start PLEASE NOTE NEW TIME

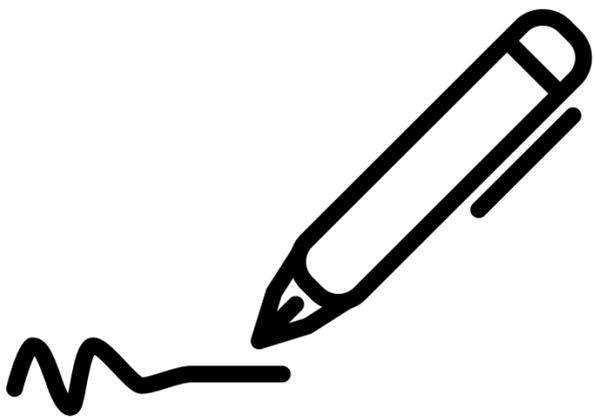
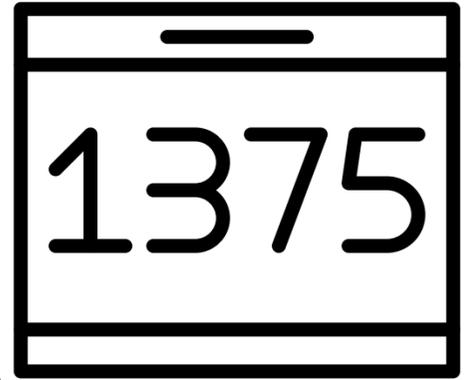
11:30pm

10k Start



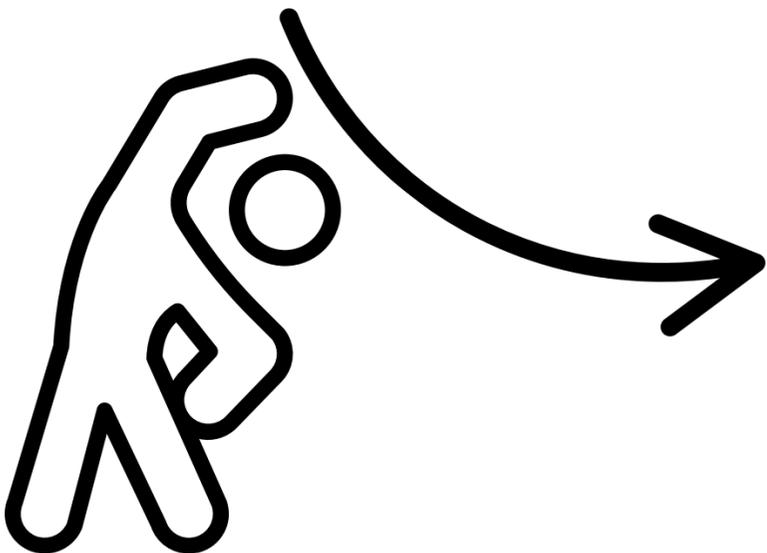
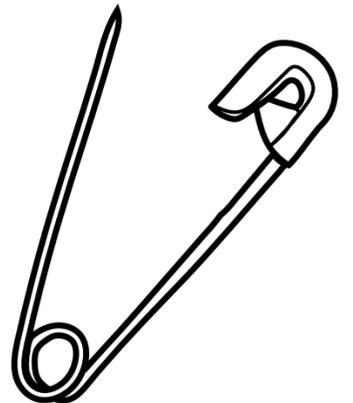
When you arrive:

Head over to registration to collect your race number – all you need is the name you signed up with and date-of-birth



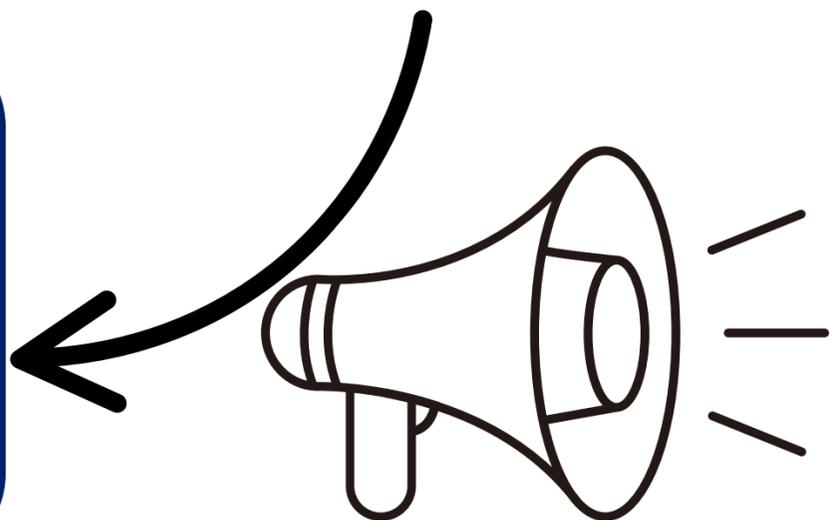
Fill out your information on the back, this helps us identify you quickly if something happens on course

Pin your number to the FRONT of your top – do not remove the foam strip – safety pins can be found on HQ tables



Explore HQ, warm up and get ready for your race start

Join the start funnel – 5 mins before the start. The commentator will announce this. Have fun!

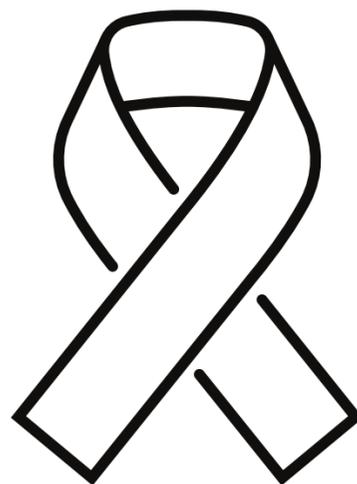


Bag Drop:

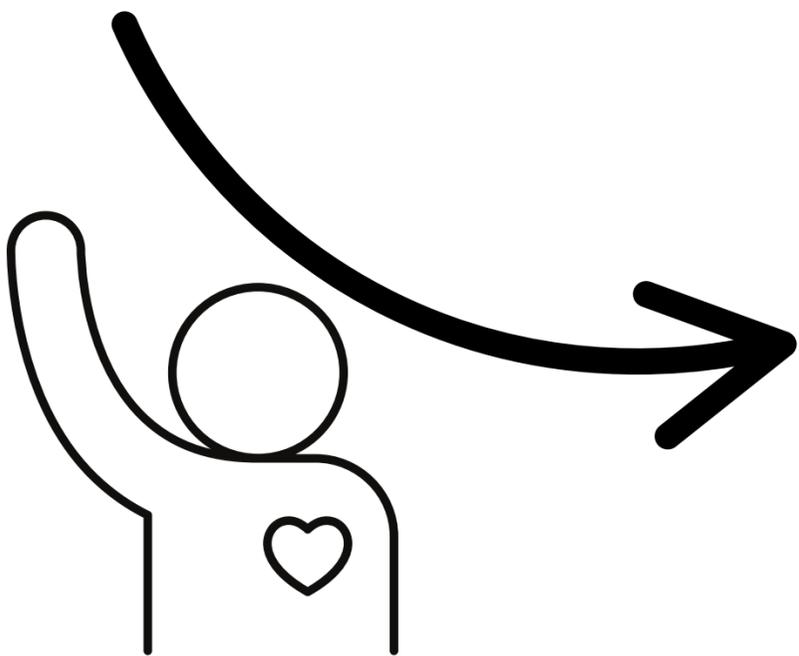


Tear off the baggage label from the bottom of your race bib

Loop your baggage tag to your bag or jumper and push the end through the slit to secure



Hand over your bag to one of our marshals at the bag drop tent



Go and enjoy the event!



Bring your race number back to the bag drop tent to collect your belongings.

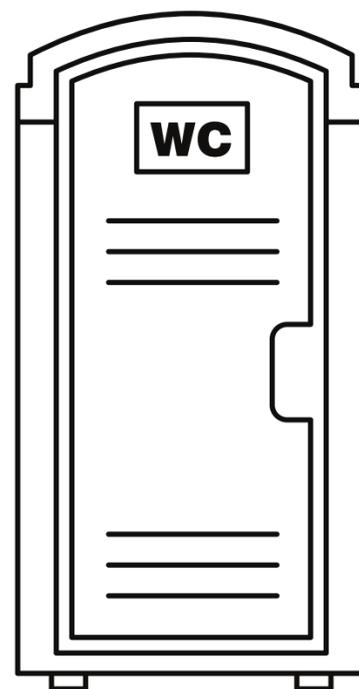


Some Key Info:

Toilets & Changing:

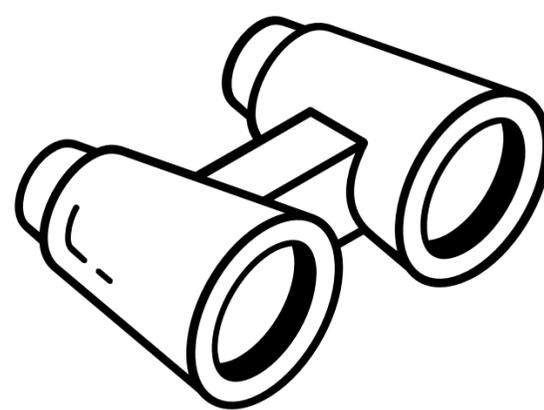
Toilet facilities are on site in the form of portable toilets in the Event Village.

There are no changing facilities on site, please come ready to race.



A mobile café will be serving food and drink inside the event HQ

Friends or family coming to support?
Help us build the magic of event day and celebrate every runner over the line.
Cheer runners on at the finish funnel!

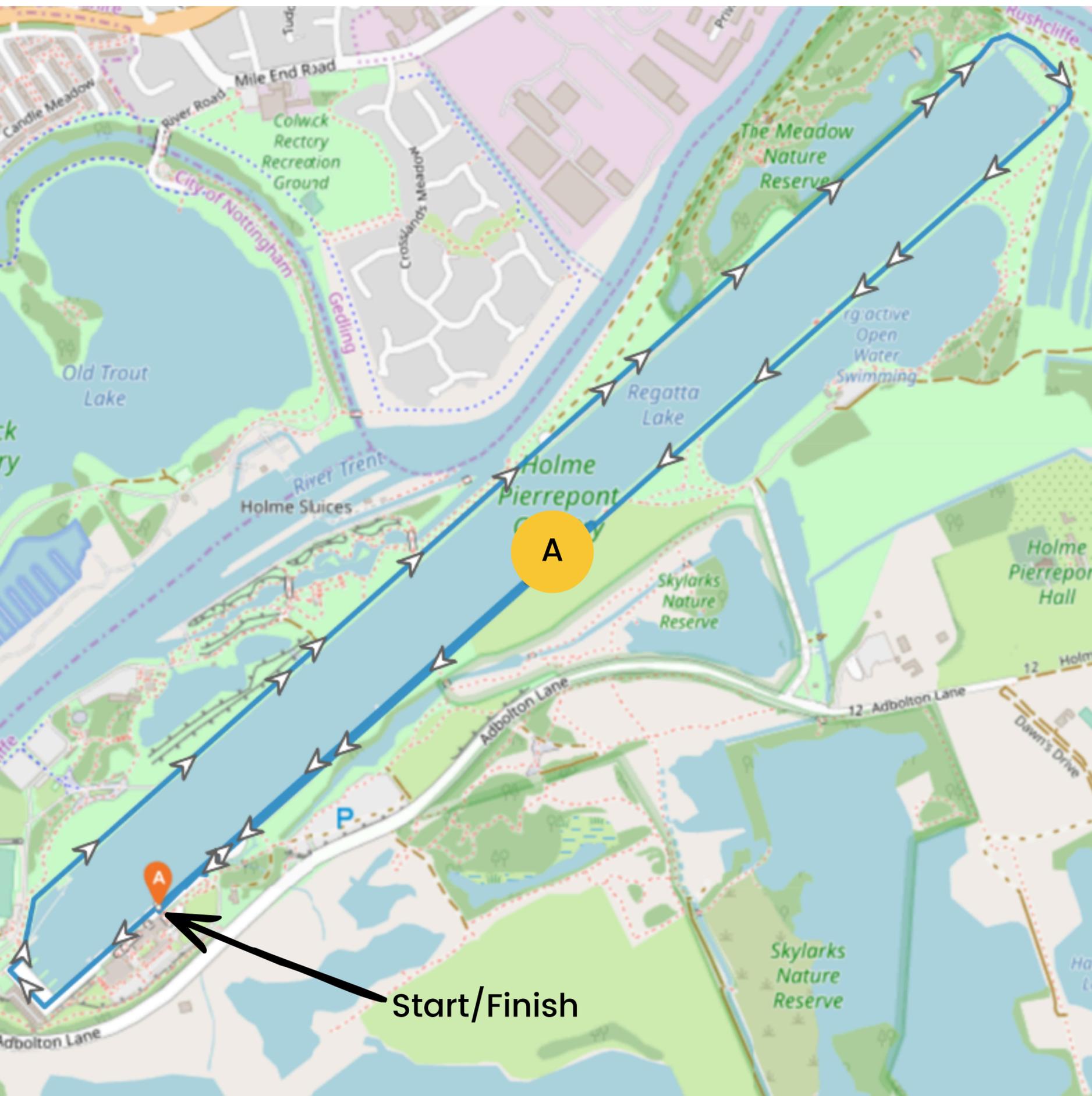


As per UK Athletics rules, over-ear headphones or earpods will not be permitted at this event.

Bone conductor headphones are allowed; however, we would encourage you to run without them where possible or at the very least to keep the volume low.

Make sure you are able to hear and understand marshal instructions.

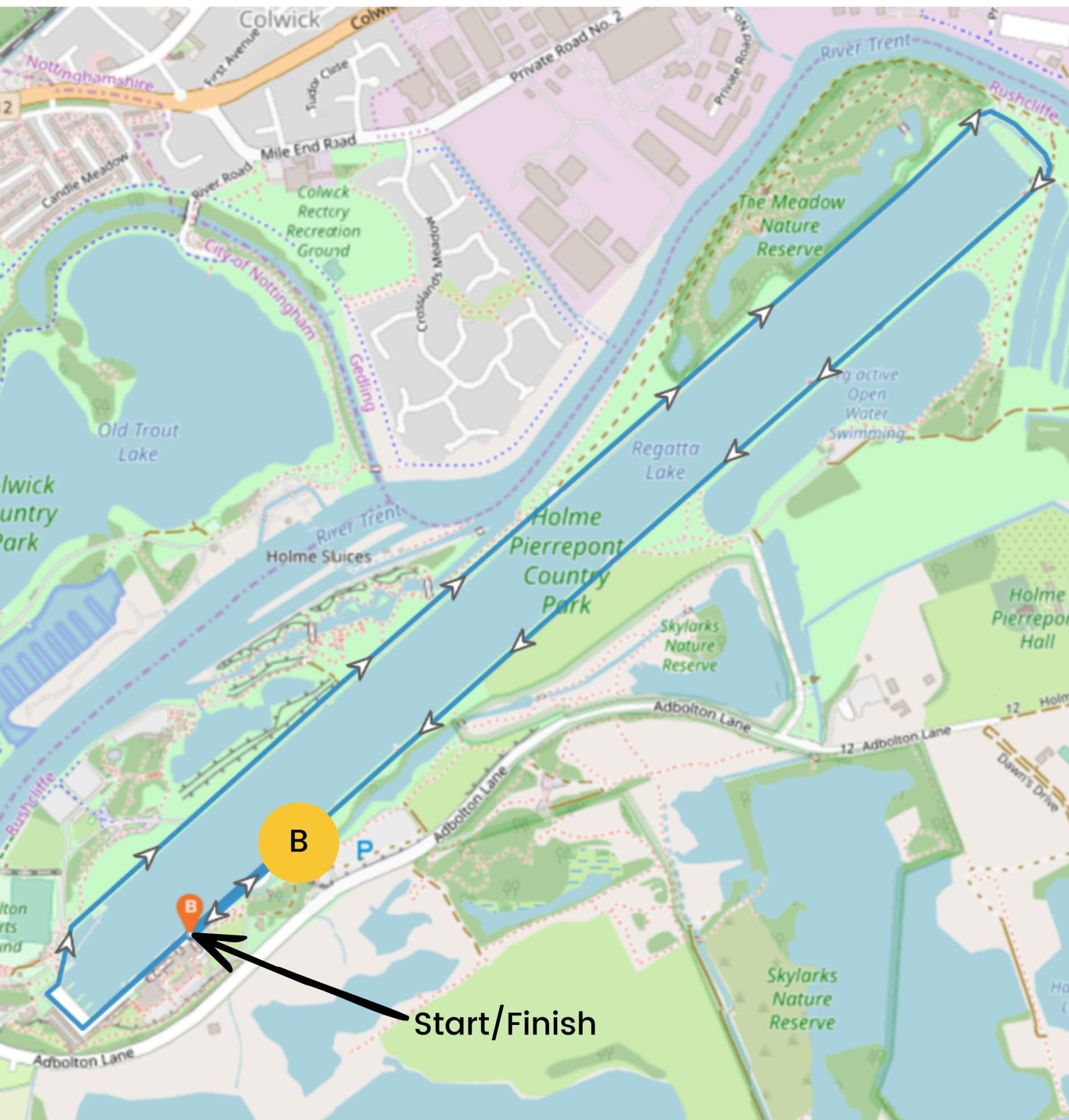
Nottingham Holme Run Half Marathon Course



Start the race in an anti-clockwise direction and run to Point A where you will do a U turn. After passing the finish line, complete 4 clockwise laps of the lake.

See link to course below:
[Half Marathon Course](#)

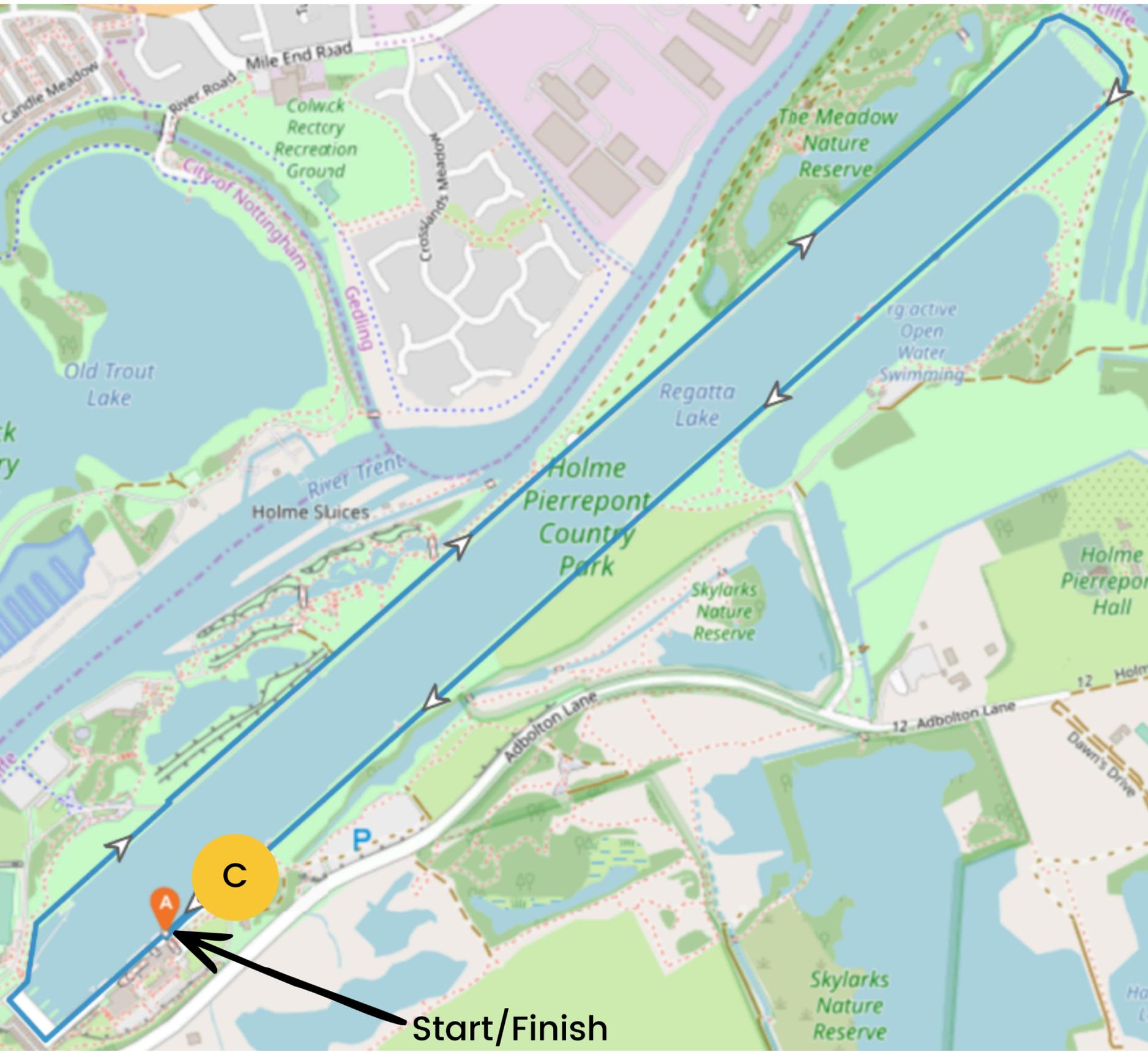
Nottingham Holme Run 10k Course



Start the race in an anti-clockwise direction and run to Point B where you will do a U turn. After passing the finish line, complete 2 clockwise laps of the lake.

See link to course below:
[10k Course](#)

Nottingham Holme Run 5k Course



Start the race in a anti-clockwise direction and run to Point C where you will do a U turn. After passing the finish line, complete 1 clockwise lap of the lake.

See link to course below:
5k Course

ATW accessibility

For this event, we are pleased to offer a designated quiet area just outside the event village for any athletes who may benefit from a low-stimulus environment.

This calm space is intended for those who experience sensory overload, pre-race nerves, migraines, or anyone who simply needs a peaceful moment to regroup before or after running. Some athletes prefer a quieter area to mentally prepare, manage anxiety, or steady their breathing after finishing, and this space is designed with all of them in mind.

We ask everyone to respect the purpose of this area and only use it if you genuinely need a quieter environment, so it remains available for those who rely on it.

The quiet zone is a large black gazebo with a sign clearly indicating it is a quiet area. If you need to use this space, you will also be able to pick up your race number from there.

We ask that this space is used respectfully



Joey

We pride ourselves on being inclusive and accessible and we know this looks different for everyone!

Pre-event, if you have any questions please email access@atwevents.co.uk

On event day Joey can be found in the event village and is the friendly face aiming to make the event accessible for all; with bundles of experience, he will do everything he can to help :)

Crossing the finish line

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Download the ATW hub app from your app store now to see your results, photos and more!

THE HUB



EVENTS



RESULTS



PHOTOS



FAQ'S



PARTNERS



COACHING



SOCIALS & PODCASTS



EVENTMAKERS



TRAINING CAMPS



ATW RACE SERIES



FUNDRAISING



MEET-UPS



OWS & TRAINING VENUES



VIDEO LIBRARY

[Download on the AppStore](#)

[Download on Google Play](#)

All that's left to say is...

GOOD LUCK

AND

HAVE FUN!!

Our partners:



revive
active®

**OUR SUPPLEMENT
SPONSOR!**

Revive Active is more than just a multivitamin... It's a SUPER Supplement. Why is it Super? Ingredients, Power, Convenience, Taste and Effectiveness to achieve a SUPER YOU no matter what stage of life you're at!

[CHECK OUT THEIR STORE](#)

DISCOUNT CODE: ATW20



**SKECHERS
PERFORMANCE™**

OUR ALL NEW RUN SPONSOR!

Lifestyle and athletic footwear and apparel for men, women, and kids filled with innovative comfort technologies.

NEW SKECHERS RUNNING SHOES RELEASED MAY 2025!

YellowJersey
Insurance for cycling

[Bike insurance](#)

[Travel insurance](#)

For more than ten years, their specialist bicycle insurance has been covering equipment for theft and crash damage

Our partners:

ALZHEIMER'S RESEARCH UK

Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

1. Donate
2. Share your interest in supporting Alzheimer's research – including event sponsorships

[FIND OUT MORE](#)



ZONE3 

CONFIDENCE STARTS IN THE WATER.



**Every race starts with the swim.
Confidence in open water comes
from wearing the right wetsuit.**

ZONE3 wetsuits are developed, refined and proven through real world testing, with a focus on efficiency, comfort and control when it matters most.

For ATW events, athletes can access ZONE3's season wetsuit rental programme, making ZONE3 wetsuit performance available without the commitment of purchasing.

PREPARING FOR RACE DAY?

Use the [ZONE3 Race Day Kit List Checker](#) to make sure nothing is left to chance, from wetsuit choice to final swim essentials.

Book your ZONE3 season wetsuit rental and check your race day kit at [ZONE3.COM/ATW](https://zone3.com/atw)



ATHLETE APPROVED. PERFORMANCE PROVEN.