

ATW PRESENTS **DYSSSEY** TWELVE



Thank you for
entering the
ATW Odyssey12.

This information
pack contains
everything you need
to know ahead of
your event on
Saturday 8th August
2026. Please have a
read through so you
can be fully
prepared!

We can't wait to see
you on the start line.

Follow us on socials @eventsatw

KEY DETAILS:

8th August 2026

Address:

St Neots,
Regatta Meadow,
Croshall Road,
St Neots
PE19 7LA

Parking:

Parking is available at:
[///blitz.kickers.insolvent](http://blitz.kickers.insolvent)

– please check the
parking page for more
info

Timings:

5pm–7pm

Friday Evening Early Registration
@ Race HQ

5pm–8pm

Friday Evening Pasta Party

5.00am

Saturday Morning
Registration Opens @ Race HQ

10.30am

Odyssey12 starts for all

10.30pm

Course Close (event ends)

10.45pm

Odyssey12 prizegiving

Parking & Camping:

Venue

St Neots Regatta Meadow,
Crosshall Road,
St Neots

Follow ATW signage towards parking and Race HQ

Parking

The Primary event parking is on the field next to the event meadow

Access to this parking is off Crosshall Road.

What 3 Words Location:

[///blitz.kickers.insolvent](https://blitz.kickers.insolvent)

Parking is £3 per car which is chargeable on exit.

We do expect this car park to fill up quickly.

Alternative parking locations are available [HERE](#)

Camping

Upon arrival at the Event Meadow Car Park please head over to registration where you can collect your camping permit and you will be instructed where you can set up. Check the seperate camping guide for more details (Will be emailed next week)

Café and Pasta Party

There will be a café on site serving pasta on the Friday evening and food/hot drinks throughout the weekend

Camping for friday night has now sold out.

Pasta Party can be booked [here](#)

When you arrive:

Registration:

At registration you will be required to give the name you used to sign up to the event online. You will receive a race number with a timing chip along with pins to secure it.

Your race number must be worn visible on your front for the run.

If you require a 'Special Needs' bag for the feed station, these can be picked up at registration. Mark it with your race number using the waterproof pens provided.



Baggage:

You can leave a bag or 'special needs' bag at the feed station near race HQ.

We strongly advise that you don't bring valuables on site.

Toilets and Changing:

Portable toilets at event HQ and next to the run course.

Free female sanitary products available in a labelled portable toilet.

Run

5.3km
lap

You can leave a bag and your 'special needs' bag at the water station near Race HQ with any specific food/drink that you require.

There will also be water, energy drink, gels, sweet and savoury snacks available.

There will be an additional drinks station approx. 2.8km into the lap with water only.

If you anticipate running beyond 9pm, you must carry a torch/head torch as the course is not lit. This can be left in your bag at the feed station.



Mixed Terrain
Signed course
Marshals

Final lap must
be finished by
10.30pm

Downloadable [course map](#)

Rules:

The run is a course of 5.3km around the flat Riverside Park. The lap loops past the finish zone at the end of each lap so your friends and family can support and cheer you on.

Your special needs bag for the run will be located at the water station near HQ along with a feed station, offering water, energy drink, gels and snacks.

There will be an additional water station approx. 2.8km into the lap

You must pack a head torch in your special needs bag if you anticipate running beyond 9pm, the course is not lit.

The course will be clearly marked and marshals will roam the course.

Toilets will be available near the lap point.

The Trail Run will begin at 10:30am, culminating with the finish at 22:30pm. **For a lap to count it must be completed before the 22.30pm cutoff.** The winner will be deemed the one who has covered the most 5.3km laps in that period. In the event of a tie, the individual, pair or team who completed the last complete lap first will be deemed the winner.

There will be awards for the furthest distance covered by Solo Male and Solo Female, Male Pair, Female Pair, Mixed Pair and Team (mixed). There will also be a special award to the individual male and female clocking the fastest lap.

For those in a pair or team you will all have your own timing chip on the back of your race number. To hand over you must tag a teammate by the hand in the identified changeover box before they set off. Only one person per team should be running at any one time.

ATW accessibility

For this event, we are pleased to offer a designated quiet area just outside the event village for any athletes who may benefit from a low-stimulus environment.

This calm space is intended for those who experience sensory overload, pre-race nerves, migraines, or anyone who simply needs a peaceful moment to regroup before or after running. Some athletes prefer a quieter area to mentally prepare, manage anxiety, or steady their breathing after finishing, and this space is designed with all of them in mind.

We ask everyone to respect the purpose of this area and only use it if you genuinely need a quieter environment, so it remains available for those who rely on it.

The quiet zone is in the main building next to registration.

We ask that this space is used respectfully



Holly

We pride ourselves on being inclusive and accessible and we know this looks different for everyone!

Pre-event, if you have any questions please email access@atwevents.co.uk

On event day Holly can be found in the event village and is the friendly face aiming to make the event accessible for all; with bundles of experience, they will do everything they can to help :)

Crossing the finish line

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Download the ATW hub app from your app store now to see your results, photos and more!

THE HUB



EVENTS



RESULTS



PHOTOS



FAQ'S



PARTNERS



COACHING



SOCIALS & PODCASTS



EVENTMAKERS



TRAINING CAMPS



ATW RACE SERIES



FUNDRAISING



MEET-UPS



OWS & TRAINING VENUES



VIDEO LIBRARY

[Download on the AppStore](#)

[Download on Google Play](#)

All that's left to say is...

GOOD LUCK
AND
HAVE FUN!!

Our partners:



OUR SUPPLEMENT SPONSOR!

Revive Active is more than just a multivitamin... It's a SUPER Supplement. Why is it Super? Ingredients, Power, Convenience, Taste and Effectiveness to achieve a SUPER YOU no matter what stage of life you're at!

[CHECK OUT THEIR STORE](#)



OUR RUN SPONSOR!

Lifestyle and athletic footwear and apparel for men, women, and kids filled with innovative comfort technologies.

YellowJersey
Insurance for cycling

Bike insurance

Travel insurance

For more than ten years, their specialist bicycle insurance has been covering equipment for theft and crash damage

Our partners:



Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

1. Donate
2. Share your interest in supporting Alzheimer's research – including event sponsorships

[FIND OUT MORE](#)

Our partners:



YOU HAVE
THE MOTIVATION,
WE HAVE WHAT IT TAKES



amazon.co.uk



*Scan QR code above. Add to basket. At Amazon checkout type in 'DextroSave50'. Whilst stocks last.



CONFIDENCE STARTS IN THE WATER.



**Every race starts with the swim.
Confidence in open water comes
from wearing the right wetsuit.**

ZONE3 wetsuits are developed, refined and proven through real world testing, with a focus on efficiency, comfort and control when it matters most.

For ATW events, athletes can access ZONE3's season wetsuit rental programme, making ZONE3 wetsuit performance available without the commitment of purchasing.

PREPARING FOR RACE DAY?

Use the [ZONE3 Race Day Kit List Checker](#) to make sure nothing is left to chance, from wetsuit choice to final swim essentials.

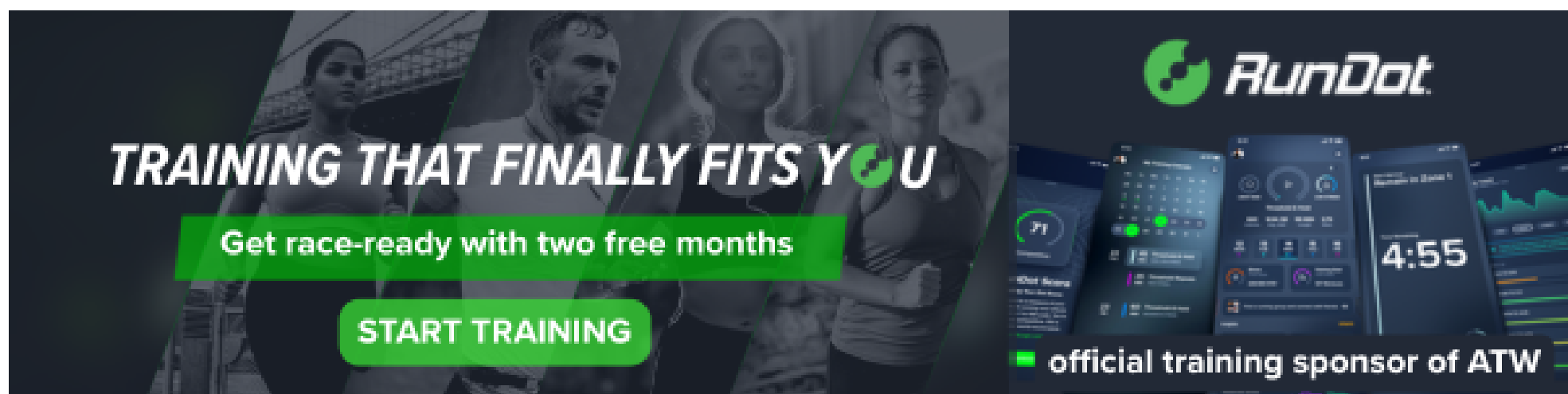
Book your ZONE3 season wetsuit rental and check your race day kit at [ZONE3.COM/ATW](https://www.zone3.com/atw)



ATHLETE APPROVED. PERFORMANCE PROVEN.



RunDot®



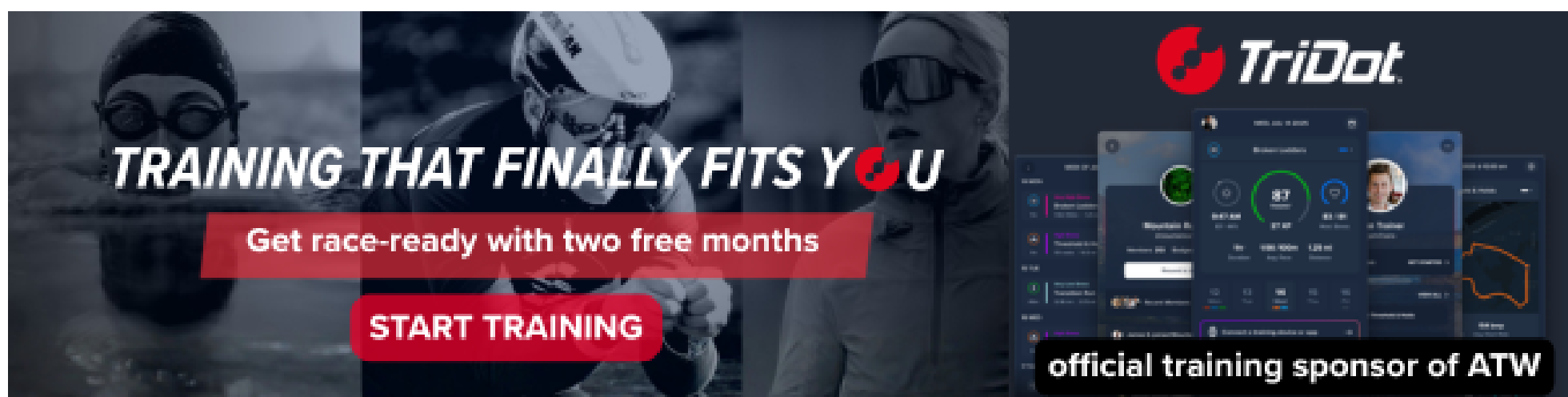
Train smarter, not harder: RunDot builds a personalized running plan tailored to your body, schedule, and conditions.

Train for free with RunDot – The Official Training Partner of ATW



POWERED BY

TriDot®



With TriDot, you train smarter, not harder or longer,
and you see more results.

Train for free with TriDot – The Official Training Partner of ATW