

Thank you for entering the ATW Remembrance Runs.

This information pack contains everything you need to know ahead of your event on Saturday 8th November. Please have a read through so you can be fully prepared!

We can't wait to see you on the start line.



Follow us on socials @eventsatw

KEY DETAILS:

8th November 2025

Address:

Debden Airfield, Carver Barracks, Water Ln, Wimbish, Saffron Walden CB10 2YA

Parking:

Ample Parking is available for £3 per car. please follow the car park marshal instructions. We strongly promote car sharing where possible. The parking fee will be collected on exit from the venue to avoid queues on arrival. Please provide cash where possible.

Timings:

8.45am

Registration opens

9.30am

Fun Run start

10.00am

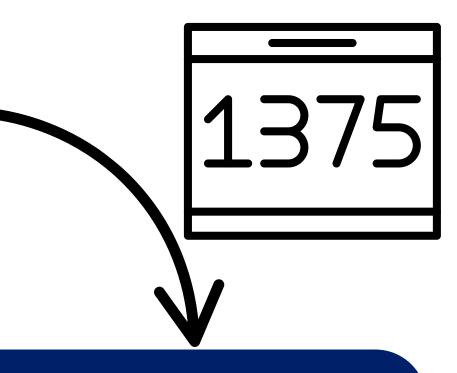
Half Marathon start

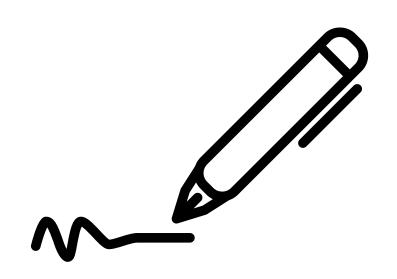
10:45am

5k and 10k start

When you arrive:

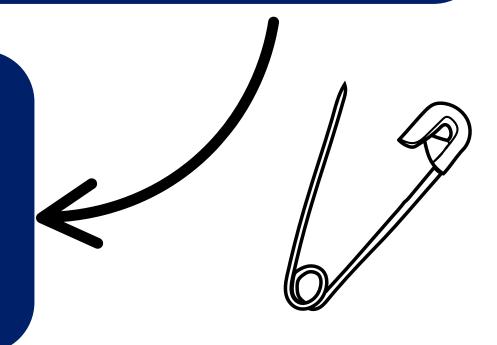
Head over to registration to collect your race number - all you need is the name you signed up with

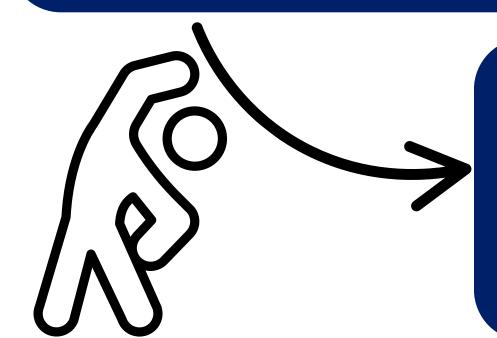




Fill out your information on the back, this helps us identify you quickly if something happens on course

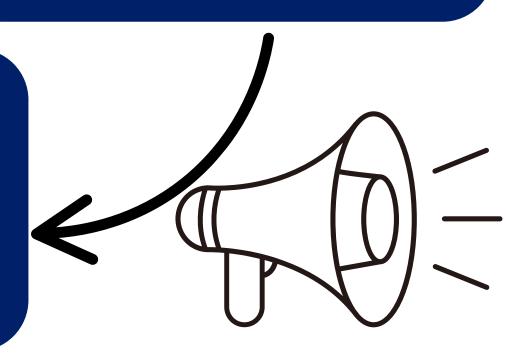
Pin your number to the FRONT of your t-shirt- do not remove the foam strip - safety pins can be found on HQ tables





Explore HQ, warm up and get ready for your race start

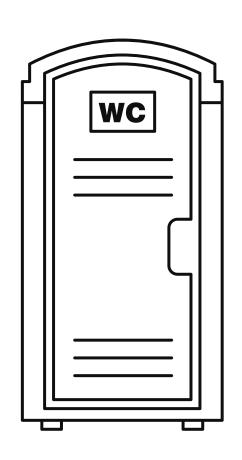
Join the start funnel-5 mins before the start. The commentator will announce this. Have fun!



Some Key Info:

Toilets & Changing:

Toilets are on site in race HQ



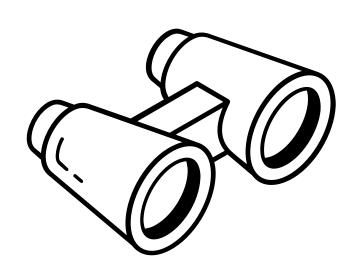


A caterer will be serving food and drink inside the event HQ

Friends or family coming to support?

Help us build the magic of event day and celebrate every runner over the line.

Cheer runners on at the finish funnel!

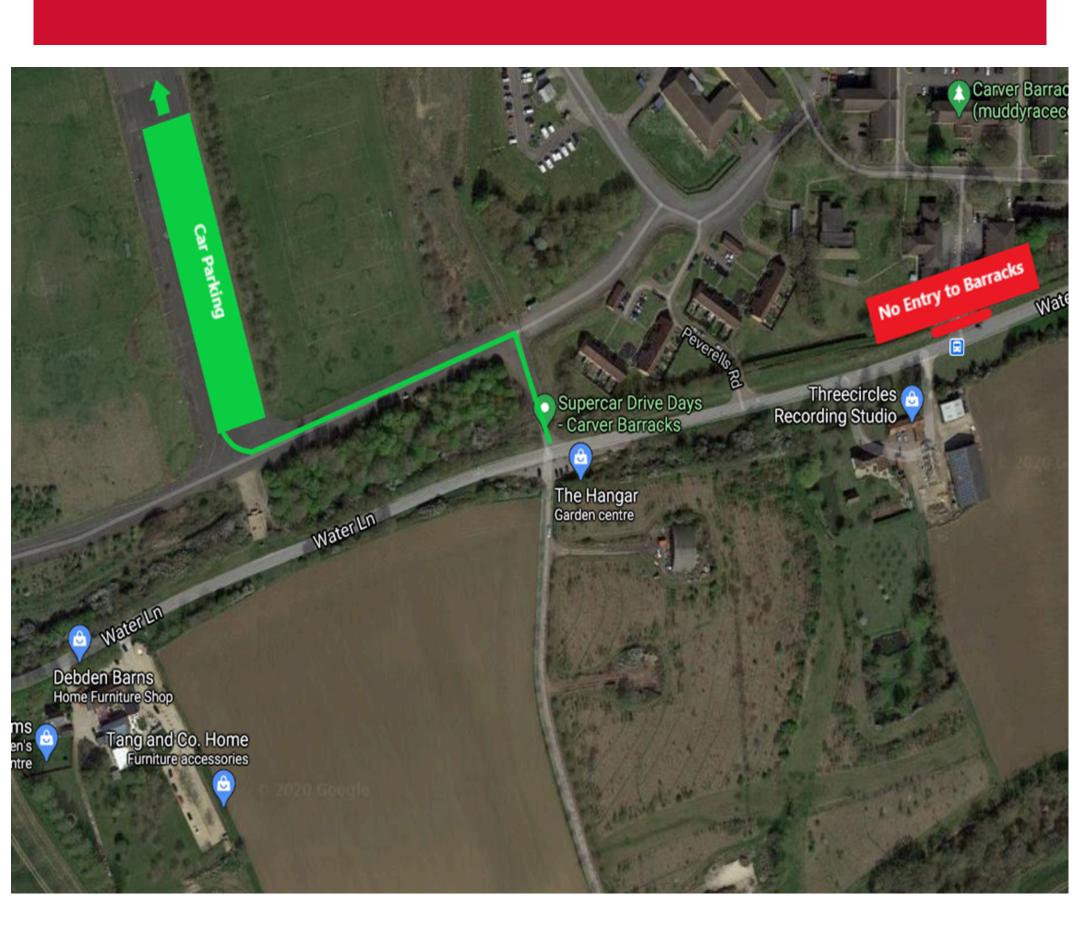


Parking:

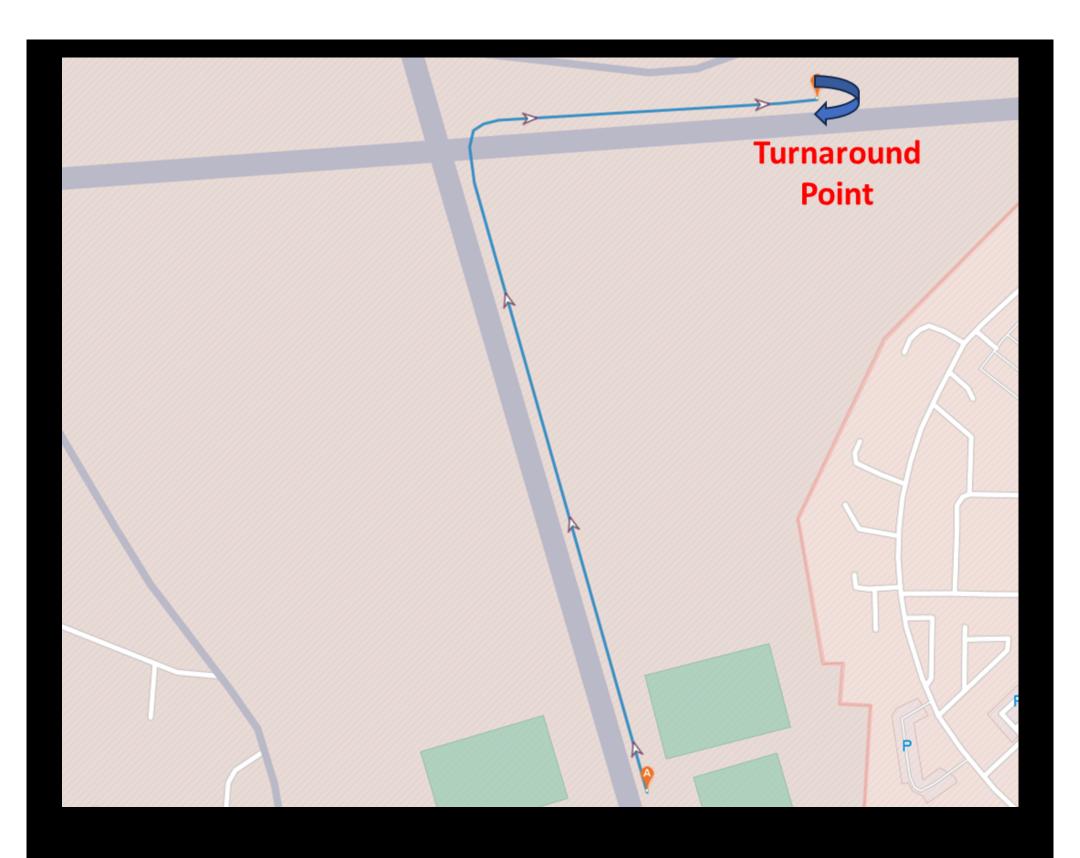
See below image for entrance to the event and parking location.

£3 per car will be collected on exit as a parking fee.

<u>Use W3W location for event entrance</u>



1 Mile Course



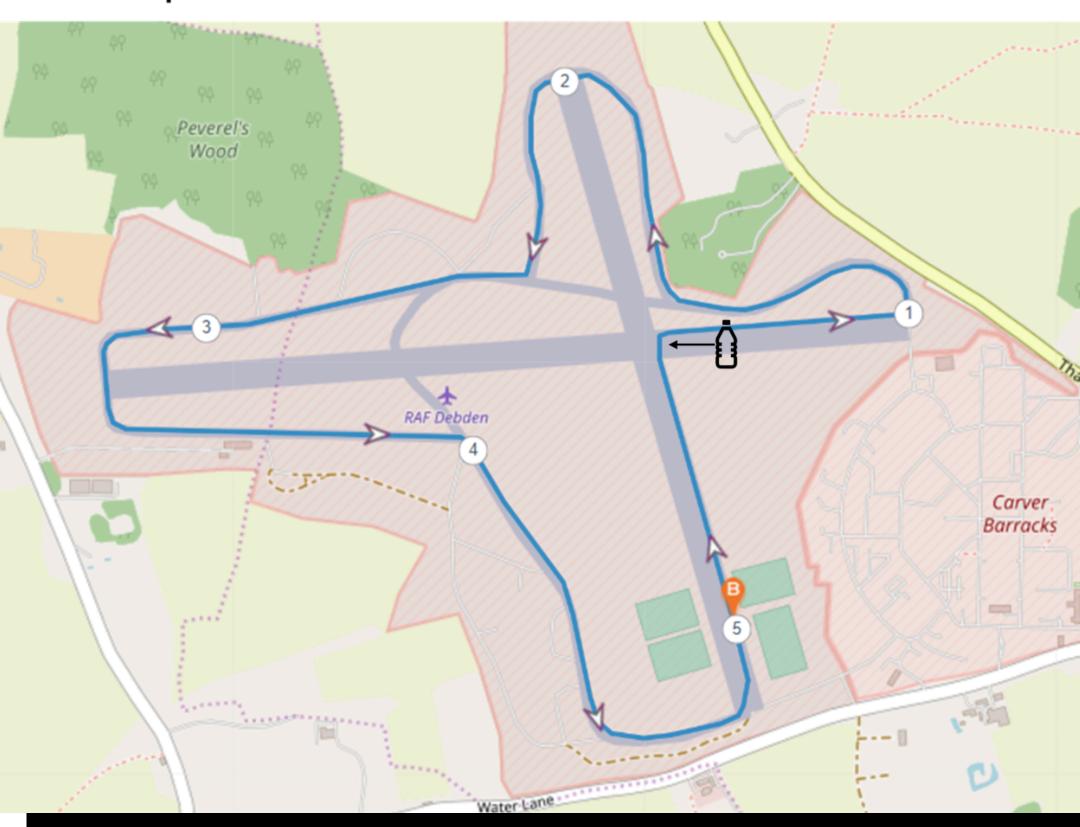
For the 1 mile run the course is as shown below. You will run out for 0.5 miles then at the turnaround point return back through the finish arch.

5k and 10k Run Course

For the 5k and 10k runs the course consists of a 5km anticlockwise lap that follows around the perimeter loop of the airfield.

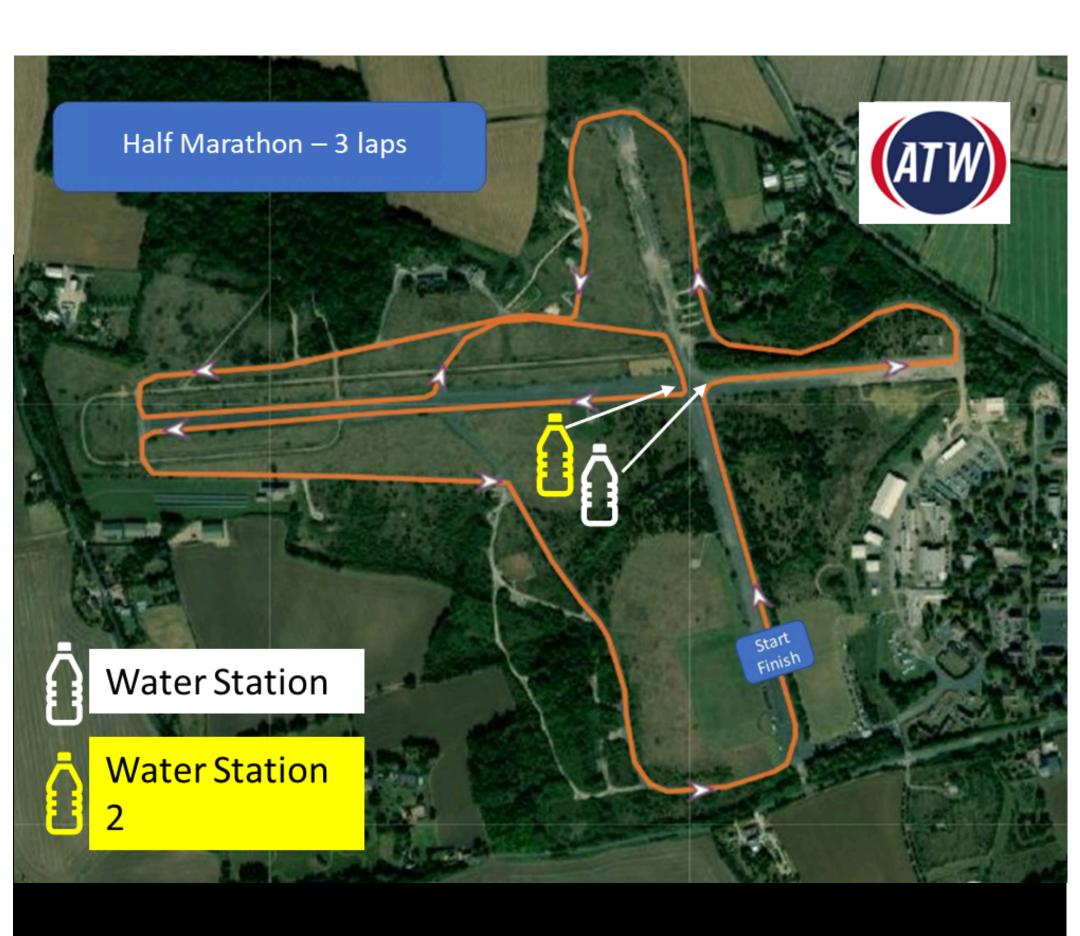
5km - 1 lap

10km - 2 laps



One water station shortly after the start of each lap.

Half Marathon Run Course



2 water stations available per lap

Crossing the finish line

ATW HUB:

The place for all of your pre and post race needs and all things ATW.

Download the ATW hub app from your app store now to see your results, photos and more!

THE HUB





























<u>Download on the AppStore</u>

<u>Download on Google Play</u>

All that's left to say is...

GOOD LUCK AND HAVE FUN!!

Our partners:



CHECK OUT THEIR STORE

Get ready for your swim or triathlon event with a ZONE3 Wetsuit.

Easy event day hire & season rentals

WETSUIT HIRE



OUR SUPPLEMENT SPONSOR!

Revive Active is more than just a multivitamin... It's a SUPER Supplement. Why is it Super? Ingredients, Power, Convenience, Taste and Effectiveness to achieve a SUPER YOU no matter what stage of life you're at!

CHECK OUT THEIR STORE

DISCOUNT CODE: ATW20



OUR ALL NEW RUN SPONSOR!

Lifestyle and athletic footwear and apparel for men, women, and kids filled with innovative comfort technologies.

NEW SKECHERS RUNNING SHOES RELEASED MAY 2025!

Our partners:

ALZHEIMER'S FORA RESEARCH UK CURE

Alzheimer's Research UK is the UK's leading charity for dementia research, aiming to find a cure for Alzheimer's disease and other forms of dementia.

When you sign up for an ATW event, you will have 2 options to help Alzheimer's research UK:

1.Donate

2. Share your interest in supporting Alzheimer's research – including event sponsorships

FIND OUT MORE

YellowJersey Insurance for cycling

For more than ten years, their specialist bicycle insurance has been covering equipment for theft and crash damage





